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She's so Now

Tay's wildest dreams come true

After picking up four MTV VMA gongs recently – with her squad of famous BFFs in tow – Taylor Swift's princess of pop tiara is still firmly in place. She's proved to be a real girl's girl by patching up her spat with Nicki Minaj – and she's revamped her wardrobe, too. We love it!

You can do the same – turn to p66 to for our ultimate new season denim guide for every size and budget.

Genius! Enjoy the issue.

Caroline Millington,
Acting Deputy Editor
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Be part of the story!

The week's
hottest
beauty, p65



Denim
add-ons
for every
occasion,
p66

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This week's *Love* *twice*

Who's **dating**, **mating** and **hating**

Showmance?

Chloe-Jasmine Whichello & Stevi Ritchie

It was their one opportunity to prove to us that their romance is for real, but Chloe Jasmine, 24, and Stevi Ritchie, 34, have fallen foul of 'showmance' rumours thanks to their cheesy stint in the Celebrity Big Brother house. The couple, who got engaged in July after meeting on The X Factor last year, struggled with their relationship during their time on the show and fans have slammed it, claiming it's not real. Being called the 'Beyoncé and Jay-Z' of the house had us reaching for the sick buckets too!

One fan said: 'Congrats to Chloe-Jasmine and Stevi for being the best actors on CBB ever!' And another added: 'This is like a pantomime – but the acting's worse.' Ouch!

During an argument in the house last week, Stevi said to Chloe: 'I don't know whether you're keen next year or this year to get married. I don't know if you really want to.' An upset Chloe wondered why he was feeling so insecure. Turn to p33 for Big Brother 7 star Nikki Grahame's take on the pair...



BABY

SPECIAL

Cat's expecting a kitten!

Cat Deeley & Patrick Kielty

Congratulations to TV presenter Cat, 38, who announced last week that she's expecting her first baby with her hubby, Irish funnyman Patrick, 44. Cat wrote: 'Exciting news... Paddy and I are so happy to be expecting our first child in the spring... Lucky us.' The couple secretly married in Rome in 2012 but met 10 years before when they presented Fame Academy together.



Baby 1

Cutest ever announcement?

Tom & Giovanna Fletcher

McFly's Tom, 30, has outdone himself with another oh-so-adorable video to announce he and wife Giovanna, 30, are expecting a second addition. The couple, who already have a one-year-old son Buzz, mocked up a Star Wars-inspired video game to share their happy news. Too cute.



Baby 2

Legendary dad

Tom Hardy & Charlotte Riley

The premiere for his new movie Legend was certainly special for Tom, 37. Not only is he playing both the infamous Kray twins, he also revealed he's expecting a baby with wife Charlotte, 33. The couple wed in 2014 after meeting on the set of Peaky Blinders. Tom has a son Louis, seven, with ex-girlfriend Rachael Speed.



Baby 3

Louis Tomlinson & Briana Jungwirth

Louis, 23, has reportedly bought a house in LA for his baby mama Briana, 23. Brownie points right there!

Hopping up



LOVE ladder

Jude Law & Catherine Harding

Catherine, 23, who briefly dated Jude, 42, last year, has shared a snap of their six-month-old daughter Ada. She's the spitting image of her dad!



Avril Lavigne & Chad Kroeger

Avril, 30, has split from her Nickelback hubby Chad, 40, after two years. Sad news.



Cooling off

Helen George & Oliver Boot

The Strictly curse strikes again! Call The Midwife's Helen, 30, has split from Oliver, 36, her husband of three years.



Crush corner

JAMES HILL, 27

Celebrity Big Brother is keeping us glued to our screens these days, mainly because Apprentice star James likes to walk around topless, showing off his hot, hot body. Sigh...





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How do you use Garnier BB cream?

I use it like I'd use a moisturiser in the morning, it's so easy it literally takes 1 minute. I have very little 'me time' at the moment, so it fits perfectly into my busy lifestyle.

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GARNIER

Strictly star tells skinny Pete: **'Don't go too far!'**

The singer's told to watch his weight as he juggles dance training with family life



He's already the hot favourite to win this year's Strictly Come Dancing. But Now can reveal there are fears Peter Andre is at risk of burning himself out as he prepares to juggle intense training sessions with being a dad.

The Aussie singer is something of a fitness addict and a former Strictly contestant has offered Peter, 42 – who's revealed in the past that stress can make him lose weight – a stark warning to avoid becoming even slimmer. Speaking exclusively to Now, former rugby star Thom Evans revealed he lost 3st during his time on the show last year – which he's only now regained after training for last week's Rugby Aid match – weight that an already slim Pete can't afford to drop.

'Peter's already skinny,' says Thom, 30, 'so to avoid losing even more weight I'd advise him to get his food prepared a day in advance. You're so knackered when you come home, the last thing you want to do is cook. You need something to snack on during the day, too – chicken or carbs,

as you're burning it off anyway. If I was doing it again I'd take that into consideration.

He adds: 'I lost loads of weight on the show – 2-3st. I was doing 10 hours of cardio a day. Usually I do weights. It's quite hard to fit in a consistent eating pattern with the non-stop training and you're always wanting to improve. You're training so much you're not actually thinking about eating or hydrating.

'PETE MUST TRY NOT TO WORRY'



THOM EVANS

The rugby star lost 2-3st while in training for the show



MARK WRIGHT

Mark was less than happy with his skinny post-Strictly bod



JUL 2009
Stressed: after splitting up with Katie, Pete lost a stone in a month



NOV 2013
Chilled: engaged to Emily, with a baby on the way, he was glowing



SEP 2014
Health kick: with a big tour coming up, Pete started to look skinny again

'Pete Tweeted the other day that he was nervous. I'd say, embrace it and don't let nerves get to you.'

Mark Wright, 28, also lost 11½st on the show last year – and revealed he wasn't happy with his slimline physique. 'I don't feel as if I want to go out now and show off my body,' he said at the time.

Peter's previously revealed he suffered from bulimia at the peak of his singing career as the pressures of keeping fit and maintaining that incredible six-pack in the 90s led to

bouts of purging. The last time he got really thin was back in 2009, when his four-year marriage to Katie Price ended and he lost more than a stone. He said at the time: 'I've lost so much weight recently, obviously because I've been so stressed. I hadn't really noticed how much, but it makes sense as I've had practically no appetite recently. I need a whole new wardrobe now I've shrunk.'

Pete has also revealed he once struggled to stay fit, even hiring an ex-marine in 2008 to help him train 'Rocky style'. And in 2012 he did the caveman diet, worried he'd put on a few pounds after he'd 'overindulged' at Christmas.

In March this year, Pete admitted to being envious of his new wife Emily MacDonagh's figure. He said: 'She has such an incredible physique and I'm actually quite jealous of how good she looks because she doesn't

have to work out or diet – she eats whatever she wants.'

The star has certainly got a lot on his plate at the moment, dealing with the pressure of taking part in Strictly and helping to look after his 20-month-old

daughter Amelia while Emily, 25, works as a junior doctor at a local hospital. A source tells us: 'They've been married less than two months but

Pete and Emily have joked they're already like ships in the night as she comes back and forth from hospital shifts and he's off training early hours for Strictly.

'As the show gets going, Pete will be rehearsing all hours and they're trying to work out their schedules so at least one of them is there at home for Amelia and Pete's children with Katie [Princess, eight, and Junior, 10] when they come to visit. Pete knows it will all work itself out and Emily's as supportive of him doing the show as he is of her medical career, but it's still stressful for him.'

A spokesman for Pete tells Now: 'Emily's working part-time until Christmas, which will help take the pressure off Peter in terms of childcare.' Could be the perfect solution to help him lift that glitterball!

TURN FOR MORE STRICTLY NEWS ♦♦



With their hectic schedules, Pete and Emily barely see each other

PETER ANDRE:

'Emily's giving me grief!'

Simon Cowell's said: 'If Peter's the best Strictly has, then The X Factor will win this year's ratings.' What do you think of that? Secretly he loves us – it's all a bit of fun. Did you like my diplomatic answer [laughs]?

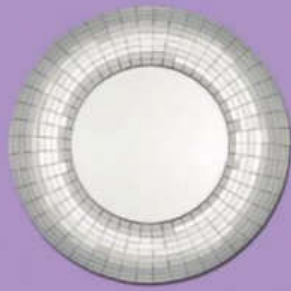
Has Emily been supportive?

The other day she put glitter on my pillow just cos I'm on Strictly. She's given me so much grief! She's such a smartarse.

What about your kids?

My kids said not to come home if I embarrass them! Junior is going to want to hang out with the dancers and Bista [Princess] will want to try on all the outfits.

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GEORGIA MAY FOOTE, 24:
‘My family are already fighting over tickets’

Your former Corrie castmate Natalie Gumede did Strictly in 2013 – has she given you any tips?

She sent me a message the other day saying: ‘Good luck. It can be difficult and hard but I’m here if you need me.’ I thought that was really lovely.

Are your family really excited for you?

My family’s so big they’re all fighting over tickets already!



IWAN THOMAS, 41, & ANTHONY OGOGO, 26:
‘We share a special bond’

Who’s your biggest competition on the show?

Iwan: My only competition is myself. I’d love to see Anthony win it – but I may change if he puts me out in the final!

Anthony: Me and Iwan share a special bond. I’ve got my arm in a sling after an op and he’s rubbish!

How are you feeling about the outfits?

I: I’ve spent most of my time with the wardrobe girls saying: ‘No – tighter, tighter, more sparkly!’ I’m the campest straight bloke on Strictly!

STRICTLY COME DANCING

The goss, glitz & all the glamour

As the 13th series hits our screens, we meet the new celebs



JAMELIA, 34:
‘I’ve been asked to do Strictly for 10 years’

As a pop star you’ve danced before – how is this different?

On stage I’ve had backing dancers but you don’t have to follow the movements they do. With this, if you miss a beat you’ll mess up!

Is Strictly the ultimate reality show?

It’s something I’ve watched for years. I’ve been getting the Strictly call every single year for 10 years.



KELLIE BRIGHT, 39:
‘Danny Dyer will cheer me on’

How will you juggle EastEnders with Strictly?
The EastEnders studio is just over the road and I don’t live far away so I’ll be camping here! It’s going to be full on.

Are you going to get Danny Dyer to practise with you between takes?

No! He’s rubbish. I’m going to be practising with Matt Di Angelo because he’s done the show before. Danny will be cheering me on.

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KIRSTY GALLACHER, 39, & KATIE DERHAM, 45

Kirsty: 'I don't expect to win'

Kirsty, are you competitive?

Kirsty: With Strictly, I really don't expect to win. It's been a tough year for me [she split with husband Paul Sampson a year ago] so this was the right time to do it. I'm single, so why not?

What do your kids think, Katie?

Katie: My 15-year-old daughter Natasha said: 'I'm putting you on a serious flexibility regime.' Clearly concerned her mum's

going to make her look like a complete fool at school!

Kirsty, you're good friends with last year's winner Caroline Flack. Is she excited for you?

Kirsty: As soon as she heard, she texted me to say: 'I'm so pleased you're doing it. You're going to love it - it's the most amazing experience.'



AINSLEY HARRIOTT, 58:

'I already know who'll leave the show first...'

Are you worried about being booted off first? I think we know in our heart of hearts who it might be, but that would be unfair because when we came back today, they've been practising and are looking really good.

DANIEL O'DONNELL, 53:

'I dance a wee bit, but nothing like this'

What do you think you'll struggle most with? The whole stamina thing - it's very energetic already. I enjoy watching people dance and I do dance a wee bit, but nothing like this!



JAY MCGUINNESS, 25:

'I won't be involved in the Strictly curse'

What do you think of the infamous curse of Strictly?

Well, I'm certainly not gonna get involved in the cursing of anyone!

How do the moves compare to your days in The Wanted?

We were focusing on singing so we kept dancing to a minimum. Strictly's a lot more mentally straining.

Will the boys be coming to watch?

Max [George] and Siva [Kaneswaran] are in LA but they've both said they want to come to the show. Tom [Parker] and Nathan [Sykes] are totally down - hopefully sooner rather than later, though, as I don't know how long I'm going to last!



CAROL KIRKWOOD, 53:

'I need Susanna to give me some tips'

Have you been getting dancing advice from former runner-up Susanna Reid?

I got a text from her the other day saying: 'Fancy meeting for lunch?' I was like: 'Yes, I want all the tips!' I'm hoping to develop this dance muscle.

ANITA RANI, 37, & HELEN GEORGE, 31

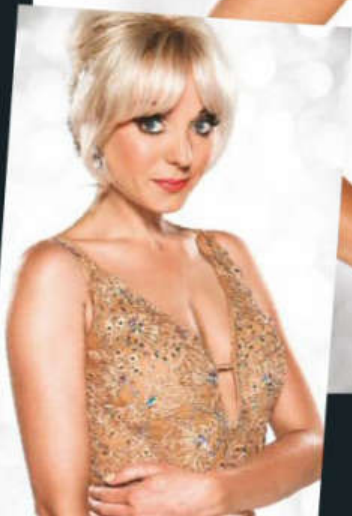
Anita: 'My outfit's so revealing you can see my arse!'

How do you feel about the revealing outfits?

Anita: I've been chucked in at the deep end. From wellies on a hilltop to what I call my bondage number. Forget side boob - you can actually see side arse!

Helen, what does your Call The Midwife colleague Miranda Hart think?

Helen: She's Strictly's No 1 fan. The crew keep singing the Strictly theme tune.



Strictly returns to BBC1 on 25 and 26 September

#What to wear N

The week that charity It knits took the sweat out of dressing

Take one look at your Twitter, Facebook or Instagram feed and the chances are this It knit is all over it. Because *this* was the week that Cara and Poppy Delevingne, Laura Whitmore, Cressida Bonas, Ellie Goulding, Amber Le Bon and Liz 'legend' Hurley all flashed their Lady Gardens in the name of charity.

Less 'ooh-er' than it sounds, the 'Lady Garden' sweater in question is the creation of designer Simeon Farrar. Costing just £28, it's available at topshop.com now. Its aim? To raise awareness of gynaecological cancer.

Simeon shot to fame when his 'Queen Delevingne' and 'No 1 Dunn' supermodel Ts went big during London Fashion Week in 2013. Since then his Black Score range has become synonymous with tongue-in-cheek tops that have proved a hit with the fashion set. He says: 'We're very excited to be working on the Lady Garden project with the Gynaecological Cancer Fund. Black Score has worked to support many social issues close to its heart and this a charity we really want to support.'

Joining Black Score is florist Wild At Heart, with owner Nikki Tibbles specially designing a window at Topshop on London's

Oxford Street to promote the campaign. Together, both brands aim to raise money to fund new research and awareness of gynaecological cancer among young women. These cancers – known as 'silent killers' as they're often diagnosed too late for treatment – can be reduced radically in future generations if young women look out for the symptoms and are brave enough to talk about their bodies more.

In the UK alone, 20,000 women a year are diagnosed with a gynaecological cancer. Every day more than 50 women receive news of their diagnosis and 21 families will lose someone they love.

So this is *your* chance to be a hero and join the legions of stars pledging their support with a nice new knit. Share it with the hashtags #LadyGardenCampaign and #WhatDoYouCallYours @GynaeCancerFund. You can also make a £5 donation by texting LADYGARDEN to 70755*. Oh, and rest assured that slogan sweaters are one of autumn/winter's hero style buys too.

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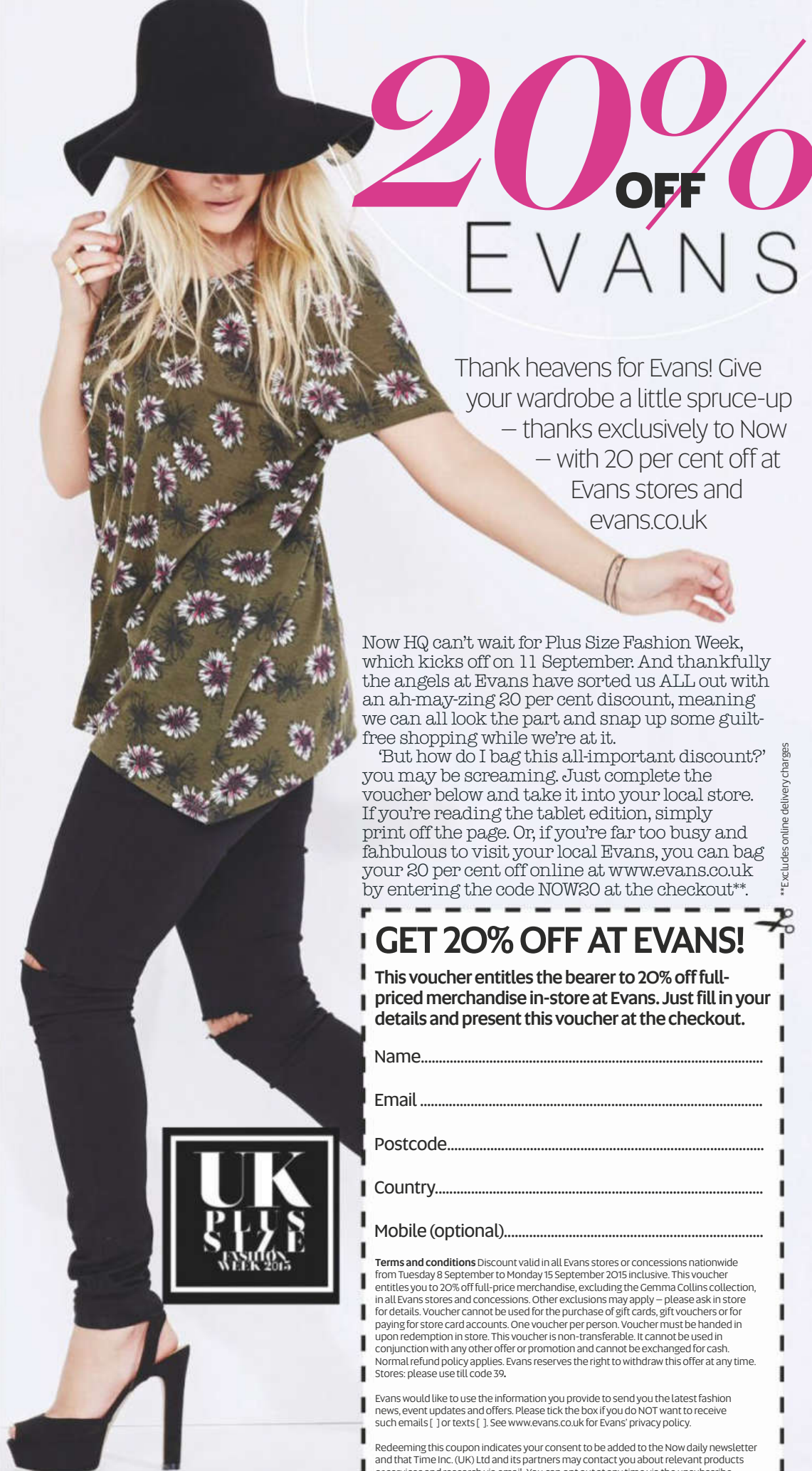
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Now HQ can't wait for Plus Size Fashion Week, which kicks off on 11 September. And thankfully the angels at Evans have sorted us ALL out with an ah-may-zing 20 per cent discount, meaning we can all look the part and snap up some guilt-free shopping while we're at it.

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X Factor UNDER PRESSURE

With a drop in ratings, Now can reveal Simon and Cheryl are feeling the heat...

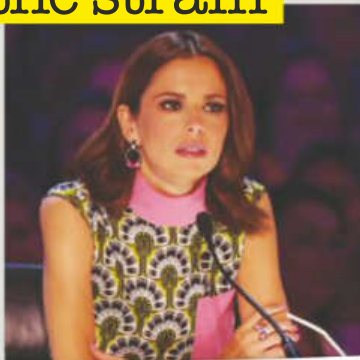
It's been just over week since The X Factor returned to our screens with a new judging panel, a new format, new presenters and two new judges. But already the show's been panned for being 'boring' amid an astonishing fall in ratings before its rival Strictly Come Dancing even kicked off.

Not only has this come at the worst time for Simon Cowell, 55, who's been in emotional turmoil after losing his mum Julie in July, but it's also a huge strain on new executive producer Cheryl Fernandez-Versini, 32, who's under pressure to prove herself as more than just a judge.

Cheryl feels the strain

With two new additions to the X Factor judging panel finding their feet this year, Cheryl's realised it was the perfect time to cement her position as more than just a judge. Yes, she's now an executive producer of the show – but it comes at a price as all eyes, including Simon's, are now on her to prove herself amid the ratings war.

An eager Cheryl was overheard telling a pal that she was having weekly meetings with Simon and was allowed more of an input into the show's format. But despite being ecstatic to be given the groups category, Cheryl Tweeted after the first episode: 'What a show! I'm exhausted #xfactor'. And last week she admitted: 'I am so nauseatingly tired!! and drained for the 6 chair challenge yesterday and it wasn't even mine. #help'.



Cheryl @CherylOfficial · 4h
I am so nauseatingly tired!! ☹️ and drained for the 6 chair challenge yesterday and it wasn't even mine. #help

As Cheryl knows only too well after being sacked from the US X Factor in 2011, if things don't go to plan, heads will roll. Last year, Simon said of the incident: 'There was so much expectation on the show in America... Cheryl was nervous, shy, not in her comfort zone. She'd lost her confidence. After two days I called her and said: "Look, it's not going great, to be honest."' Cheryl's response was to tell him he'd 'betrayed' her.

This time, the pressure to make the show a success is even greater. So is Cheryl up to the challenge? We reckon so!

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ON
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in 2011

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Simon faces new fakery row

It's been a tough year for Simon after the death of his beloved mother Julie two months ago. And now Simon's facing a new problem as he struggles to make a success of The X Factor. After the first episode it was revealed that five acts were seasoned performers and on the following night's show it seemed at least three acts were already established.

It's sparked a MASSIVE online row, with viewers branding the series 'fake'. One online user by the name of Mole said: 'The fact is people are tired of this show. It has run its course. Enough is enough.'

Another commented: 'Desperation having to bring in acts that have already made it in the hopes of boosting the show. The whole premise of the X Factor was to find new talent surely!'

The bad publicity won't be the only thing Simon's unhappy about. As part of the show's new format, the public decide which of the judges gets to mentor which category, with Simon admitting: 'I'd love to mentor the girls this year.' But it was then announced that Rita Ora's been given the girls, Cheryl's got the groups and Nick Grimshaw's got the boys, leaving Si



Simon with Cheryl and new judge Nick



Cheryl retweeted

Simon Cowell @SimonCowell · Aug 30

I would love to mentor the girls this year.

with the over-25s. In response, Simon Tweeted: 'Wasn't the category I was expecting. I did win last year with the overs so I'm sure we will do great things this year.'

So can Simon prove the critics wrong and turn things around for the show? He's proved time and time again he has the Midas touch and, for all the controversy, The X Factor is still must-see TV.

An insider's revealed Simon is going all out to make sure every judge is accompanied by an A-list mentor for the judges' houses stage. If anyone can make it work, he can...

'I WASN'T EXPECTING THAT!'



4th Power have appeared on several Asian TV shows

'He'll be freaking out!'

It's not just fans of the show who are having their say on the new series. Now spoke to a former X Factor finalist, who tells us exclusively: 'The new show's a desperate attempt at picking up where it left off. The viewing figures say it all – it's predictable and the format has been bled dry. Cheryl's facing an impossible task of saving a sinking ship. She's bound to be stressed about taking on an executive producer role when the ratings are dropping. I reckon Simon will be freaking out – he's expecting a big ratings winner and it doesn't look like the changes have made an impact on viewers yet.'



Kanye and Kim
have always
wanted four kids



Desperate Kim's

BABY BACK-UP PLAN

Pregnant Kim Kardashian has
already had her eggs frozen...

Kim's second baby is due in December

Kim Kardashian's blooming during her second pregnancy. But while she's

only months away from giving birth, the 34-year-old star's already put measures in place for extending her family.

Now can reveal that Kim has secretly had her eggs frozen in case she has to undergo a hysterectomy after she delivers her son in December, due to placenta problems. During her pregnancy with daughter North, two, Kim developed placenta accreta – a condition in which the blood vessels of the placenta attach too deeply to the uterine wall. This time round, she's been told the heartbreaking news that there's a high chance her uterus will have to be removed.

A friend of Kim's reveals the reality star had her eggs frozen earlier this year in an attempt to assure a big family for her and hubby Kanye West, 38. The friend tells *Now*: 'Kim's fairly resigned to this being her last pregnancy, but she and Kanye have always said they wanted four kids. She had her eggs harvested in January when they were struggling to conceive and she says she's so glad she did it. She nearly froze her eggs just before getting pregnant with North, so it's nothing new for her.'

'Kim's praying that she won't have to have a hysterectomy, but her doctors have told her there's a very high chance it'll happen. They've also told her that, because of the problems with her placenta, she'll probably need a C-section this time.'

'Kim had a natural birth with Nori and she wanted the same for her son, so that's disappointing. But she's not letting it get her down. All she cares about is having a healthy baby. If he needs a little help

'SHE'S SO GLAD SHE DID IT'

getting out, then so be it.

'But losing her uterus and having to go through an early menopause isn't as easy for her to accept. If it happens,

it'll be a huge blow. The only saving grace is that she's frozen her eggs. Kim's thanking her lucky stars she went ahead and had some harvested. She's grateful that she listened to her mom Kris and her

sisters – especially Khloé – who were all urging her to do it.'

The source says that Kim has no problems with using a surrogate in future if she has to.

'She and Kanye

want to have at least two more children, so if Kim does lose her uterus they'll hire a surrogate,' adds the insider. Kim even discussed this option when struggling to get pregnant the first time and her mum Kris suggested Kourtney could do it, so that's a possible option.

However, it hasn't all been plain sailing. Kim's been asking Kris about menopausal symptoms and wasn't overjoyed by her answers. 'Her mom's going through the menopause and it hasn't been easy, especially the mood swings, so Kim's dreading that side of things,' says the source. 'Kris gave her a run-down of all the bad things that happen so she's prepared, but she did have a mini meltdown when Kris told her about vaginal dryness and her lower sex drive.'

'Kim's always been very squeamish about these kinds of things, but since becoming a mom she's a lot more practical about her health. Having healthy children and taking care of herself is more important to her than anything. And if it means going through a few years of hot flushes, that's how it has to be.'



Kim's sisters Kylie and Khloé and her mum Kris urged her to freeze her eggs



Kim had a natural birth with her daughter North

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Caitlyn facing a manslaughter charge

While she's revelling in her new-found status as a celebrity pin-up for the transgender community, behind closed doors it seems Caitlyn Jenner, 65, is suffering. The police investigation into a fatal four-car accident that Caitlyn (then known as Bruce) was involved in earlier this year is now complete – and according to a Los Angeles County Sheriff detective, she could face a manslaughter charge.

The former athlete was driving her black Cadillac SUV along the Pacific Coast Highway in Malibu,

Caitlyn's black SUV at the scene of the accident

California, on 7 February when she was the third vehicle involved in a rear-end collision that led to the death of Kim Howe, 69.

Detective Richard Curry says: 'The case is going to the district attorney next week to see if it's worthy of a misdemeanour violation for involuntary manslaughter.' If she's found guilty, Caitlyn could face up to a year in prison.

All hail the new Rob!

The last photo we saw of Rob Kardashian was a late-night stop at a burger joint in June. The reality star, 28, became a recluse in recent months after gaining over 7st in a year. But it now looks like he's bouncing back.

Judging by this black and white selfie, captioned 'Gnight', that he posted last week to his 3.4 million Instagram followers, Rob's lost weight and got back in shape. His mum

Rob's 'on a good path' again

He was struggling with his weight earlier this year

Kris revealed: 'He's doing terrific. Robert's good. He's working out and eating well, so he's on a good path right now.' Good on you, Rob!

Scott & Lamar set to break the Kardashian code?

They've both been cast into the wilderness after splitting from Kardashian sisters. But it's been reported that Scott Disick, 32, who broke up with Kourtney in July, and Lamar Odom, 35, whose divorce from Khloé was finalised in the same month, are joining forces to write a tell-all book. Despite reports both have signed non-disclosure agreements, it's rumoured they want 'revenge'. A source says: 'They have so much dirt they could destroy the family's brand and career for ever.'

Lamar and Scott may be teaming up to do the write thing



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RICKY ON SHOCK SPLIT:

‘She dumped me by text!’

Ricky Rayment lifts the lid on the real state of his relationship with Marnie Simpson

Only in
NOW

The news that ex-TOWIE star Ricky Rayment was dating Georgie Shore’s Marnie Simpson in January was

met with a chorus of: ‘That won’t last!’ – even by his own reality star pals. But six months later the couple announced their engagement and the romance seemed set to last the

distance. Until two weeks ago, that is, when Marnie, 23, was pictured leaving a club with another man.

Devastated by rumours that she’d cheated on him, 25-year-old Ricky was forced to deny claims

they’d split, but he spent his birthday in Thailand filming the ITV angling show *The Big Fish Off* without her. Last week, Now caught up with

Ricky to find out what really happened and whether Marnie’s still part of his future...

Hi, Ricky. How are you?

It’s been a very long day in Thailand, so I’m about ready to conk off.

Oh dear! So tell us, what’s the situation with Marnie? Are you still together?

Well, we hadn’t been getting on for a couple of weeks – not real arguments, just bitty stuff. Basically, we’ve been together every single day. We’re not like normal people – it’s not like we get up and go to work all day and then come home and be like: ‘I’ve missed you, how was your day?’ We weren’t getting a chance to miss each other. And that’s when we started bickering and not getting on. I said to her: ‘Let’s rejuvenate things – you go back to Newcastle for a bit and I’ll stay here. You go see your mates and I’ll see mine and everything will go back to normal.’ But she sort of

TURN FOR MORE ➤➤



Marnie was pictured with Marty McKenna



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took it the wrong way, like I was saying: 'Go home!' I wasn't saying it like that – I just wanted to freshen things up. But she ended up breaking up with me. I was pretty devastated.

Did she tell you face to face?

She was on her way home and she texted me and said: 'I'm worried we're not going to last and maybe we should just end things now, so I'm just going to do it before I fall any harder.' I thought: 'Wow, this is a bit much – we were only bickering.' We just needed a bit of time out. A few days later we started chatting and I asked if she really wanted to throw everything away. She said she didn't, so we agreed to work things out. But then those pictures came out of her walking out of a club with another man. That set me off and I was like: 'Who's this guy?'

So who was it?

Apparently, it was just a friend [Marty McKenna] who's going out with one of her mates. She proved that to me and showed me the texts and photos, so I know it's true. I didn't like it at the time, but when she showed me the proof I said fair enough. But obviously it didn't look great.

So everything got back on track?

The following Friday, we went to London. When we got home to Essex she went into the shower, but a message popped up on her phone from her ex. I was obviously fuming.

Did you read it?

Yeah. It was just general chit chat, so there was nothing for me to worry about. But I went off the handle. I didn't want to be with her any more because she didn't even apologise. She said he'd been in a bad place and was just talking to him. I said: 'Look, you're not even apologising, so just go home. I don't want to be with someone who's like that.' Then we broke up. Four days later, she texted me to

'It's been an upsetting time, but love isn't easy,' says Ricky



say: 'I'm so sorry for everything, it's completely innocent. Read the messages, there was nothing in it.' I said: 'I just think it's a bit disrespectful – it was upsetting for me to read.' She promised she'd never speak to him again and block his number. I love her to pieces and that's why I got so upset about it all. But

I could tell her words were honest – she was just so loving and everything she said made my heart inflate. I was just like: 'Oh my God, I can't be without her. I never want to be without her.'

But do you still trust her?

Yeah, I do. I really do. I wasn't thinking about anything – it was more out of anger. I was just like: 'Go away from me, I don't want to talk to you.' I trust her with all my heart, but there's not much more I can do until I get home. You can't resolve things over the phone, you need to be together in person. Then you can talk it all through.

You must've been heartbroken when you saw the text pop up...

Yeah, it did break me and I was really upset. It's a bit soul-destroying. I just had to make a decision – it was either don't accept her apology and never see her again or accept the apology and move forward.

How would you feel if you saw her at a club with a man again?

I just don't think I can take it. She promised me it would never happen again and that it was completely innocent. She said

she loves me so much she'd never do anything like that again.

We saw Marnie at the Jeans For Genes party last week and she hinted she's back on Georgie Shore as well...

Erm, not that she told me. I can't comment on that, but I don't think it's true.

Have either of you kissed anyone else?

No. She's promised me down to the ground and I trust her. The last thing I want to do is kiss someone else a week after splitting up.

Is she still wearing her ring?

I think so. She wants to, but she doesn't know if it's right because we haven't even seen each other since it happened.

How are you feeling about everything now?

It's been an upsetting time, but love isn't easy. When you do find the

one you want to be with for ever, you have to do everything you can to make sure you get through it and come out as a better couple. Hopefully, that'll be something we might be able to do once we speak.

So you're looking forward to seeing her soon?

Of course I am. She's the love of my life. Bad things have happened in the past, but I trust her and that's all that matters. I just don't want to rush into anything without having a big talk about things first.

Ricky sets the record straight

Ricky made headlines last week when it was reported he'd been arrested after an incident at a Brighton nightclub. But he tells us in fact *he* was the victim of an unprovoked attack that left him with a black eye and scratches.

Ricky says: 'The police put me in cuffs and in the van. I said: "You're doing the wrong thing. I've just been punched, as you can see." I had a ripped shirt and bruises on my head. I said to

them: "What's going on, what are you doing? You're letting the people who did it get away. You haven't even asked anyone what happened – you've just taken the word of someone."

'They said: "You're not being arrested. You're being detained while we find out what's going on."' Ricky was later released without charge and flew to Thailand to film *The Big Fish Off*, set to air in March 2016.

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Celeb SHOPPING SELFIES

What have the stars been shopping and sharing this week?!

Words and styling: Sarah Bradbury

1
LYDIA BRIGHT
TOWIE star Lydia is gorgeous in this vintage-looking blouse.



£35
MISS
SELFREDGE



£28
TOPSHOP

2



3



£28
TOPSHOP

JADE THIRLWALL
Little Mixer Jade totally rocks this daring denim dress – and we LOVE it!



4

ROCHELLE HUMES
Nailing the off-the-shoulder dress, Rochelle has us yearning for a holiday and some sun, fast!



£39
ROCHELLE HUMES
FOR VERY.CO.UK

ASHLEY MADEKWE
Actress and blogger Ashley likes short shorts just as much as we do – and these beauties are under £30! Winner.



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All the news, none of the snooze

Mario Falcone:

'Life after TOWIE is hard'

Stood alongside girlfriend Emma McVey, 26, TV hottie Mario, 27, spoke about life away from the reality lens. 'We've booked Dubai, Barbados and many other holidays – new adventures to pursue. It's been hard to juggle those things,' he said. Sounds *real* tough...



Danielle Armstrong:

'Karma is a bitch'

After reports Ricky Rayment has split with Marnie Simpson, we asked TOWIE's Danielle, 27, how her BFF and Ricky's ex Jess Wright was feeling. 'I think she's OK. All I'm going to say is, karma is a bitch,' Danielle told us. Turn to p27 for our interview with Ricky.



EXCLUSIVE! Jeans For Genes party goss!

Now partied with the stars at last week's exclusive launch for Jeans For Genes Day on 18 September. Double denim was *definitely* allowed...



Nikki Grahame:

'Stevi and Chloe are fake!'

Big Brother 7's Nikki shared her thoughts on this year's Celebrity Big Brother, telling us: 'The Stevi Ritchie and Chloe-Jasmine Whichello thing is weirding me out a bit too much – it's not real, I'm sure of that. How can she be attracted to him?' As for Farrah Abraham, Nikki, 33, didn't hold back. 'I think Farrah's a homophobe. I want her out of that house!'

To find out more, visit jeansforgenesday.org



Love on the shore

Geordie Shore's Charlotte Crosby, 25, looked like she was having a good night – she was caught snogging Love Island winner Max Morley, 22, despite him only splitting from ex-girlfriend Jessica Hayes two weeks ago. Get a room, guys!



TURN FOR MORE ➡

Coping in secret

Bake Off Sue's tumour scare

She's always full of mischief on The Great British Bake Off, but Sue Perkins has secretly been coping with a brain tumour for the past eight years. The 45-year-old presenter – who's dating Anna Richardson, 44 – has revealed the benign growth on her pituitary gland affects her hormone levels and has left her unable to have children. 'I'm lucky that it's benign, so it's not in itself a worrying thing,' she said. 'Sometimes it's big and makes me mad and sometimes it's small and is in the background. Sometimes it screws up my hormones. I have various tests now to make sure the side effects aren't too onerous.'

Will hottie Tamal rise to the top?

He calls himself a 'fuzzy-haired doctor', but to us Great British Bake Off's Tamal Ray, 29, is the drop-dead-gorgeous, perfect boyfriend baker! The nation's been swooning over the trainee anaesthetist's baked creations – and yes, those twinkly eyes. Sigh...



NEED TO **know** NOW!

War victims

REFUGEES WELCOME

The true horror of the refugee crisis hit home last week when the heartbreaking image of the lifeless body of a small Syrian child, who was washed up on the shore after drowning off the coast of Turkey, hit the headlines.

Aylan Kurdi, three, and his brother Gahlib, five, were with their parents, desperately fleeing the advance of the ISIS regime in war-torn Syria. They'd got on a boat to the Greek island of Kos when it capsized and were among the 12 bodies recovered – five of whom were children.

The distressing image, which trended on Twitter as #KiyiyaVuranInsanlik (humanity washed ashore), sparked an international outcry. Rebecca Ferguson was one of the thousands expressing a heavy heart, Tweeting: 'Our world is so evil and ruled by money, human life means nothing to people.' Dawn O'Porter wrote: '#KiyiyaVuran Insanlik is all I can think about. That little guy. PS #refugeeswelcome'.

If you'd like to help The Red Cross give essential aid to families affected by the Syrian crisis, visit redcross.org.uk/syriacrisis/



Take a bow-WOW

A NEW WELLARD

As if news that Dean Gaffney, 37, is returning to EastEnders later this month isn't exciting enough, he'll be joined by a new four-legged friend: Wellard Two! Dean tells Now: 'Robbie Jackson without Wellard is just not right – it's a bit like Dumb without Dumber.'



Sad news

BGT TRAGEDY

A former Britain's Got Talent contestant has died from a rare form of cancer, aged just 18. Ryan Howell, who came third in the competition three years ago as part of the choir Only Boys Aloud, was diagnosed last year with Ewing's sarcoma – a rare bone cancer – and died last week at home in his mother's arms. Ryan's BGT success came before his diagnosis and his mum Donna, 43, says he was a born entertainer. 'He liked to make people laugh. That was his goal,' she said. 'He had an infectious smile. He was the best son I could have ever had.'

Rebecca Ferguson @RebeccaFMusic · 4h
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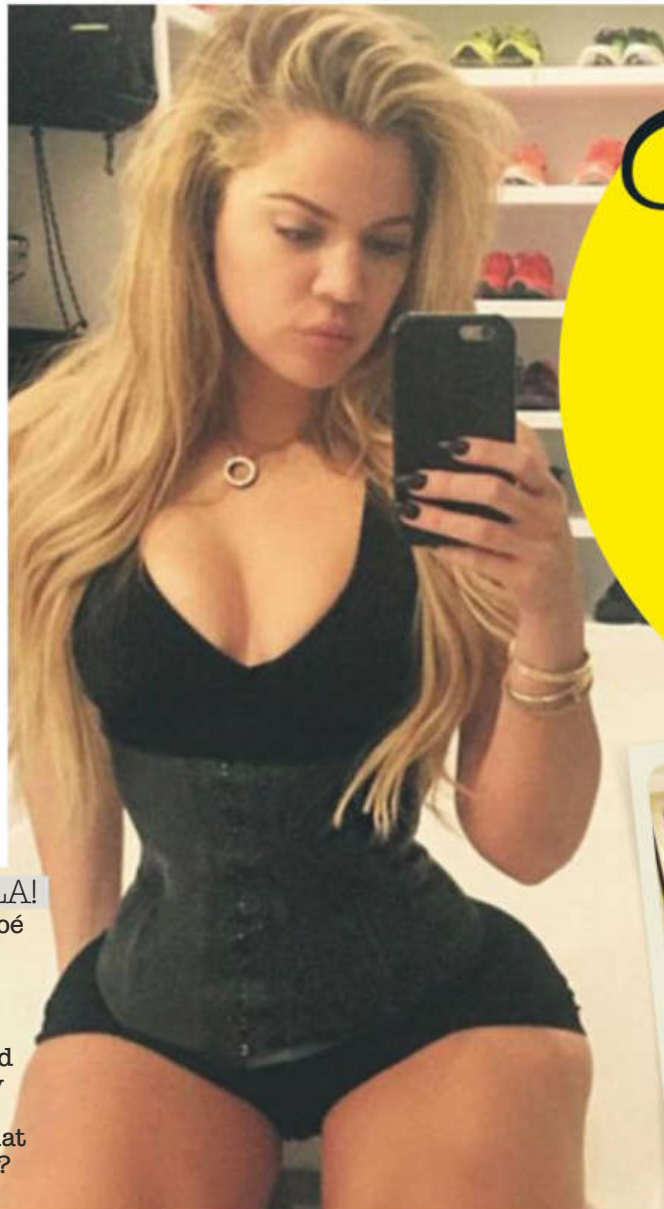
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JUST A
HONEYMOON
SELFIE

Another day in the incredibly busty life of Jodie Marsh as she shows off her barely-there bikini during her honeymoon with new hubby James Placido.

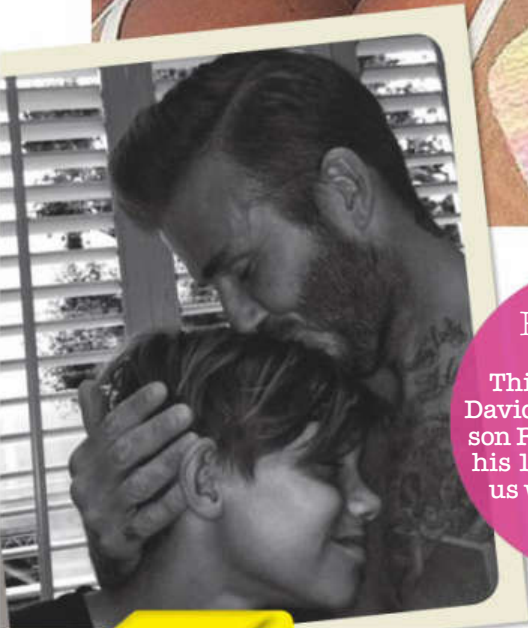


OOH LA LA!

Yes it is Khloé Kardashian without make-up, but we're more dazzled by her teeny tiny waist. Er, how is that comfortable?

FATHERLY
LOVE

This tender snap of David Beckham giving son Romeo a cuddle on his 13th birthday has us welling up. Pass the tissues!



VMA
VIPS

SIZZLING
DUO

Demi Lovato sparkles with our fave Pharrell Williams backstage at the MTV VMAs.



TOO MUCH
SEXINESS
FOR ONE SNAP!

Blurred Lines star Emily Ratajowski gives us major squad goals as she poses next to actress Bella Thorne.



CHILLING
WITH MY BAES

E! News host Maria Menounos grabs a quick selfie with Kim and Kourtney Kardashian minutes before the show begins.



Instapix of the week

Fun, filtered and far too revealing
– the lives of the stars
on social media



MATT'S MEMPHIS BELLE

Matt Cardle looked pleased as punch when former X Factor mentor Dannii Minogue popped backstage at his show *Memphis: The Musical* to say hi!

CBB BFFS

Katie Price has been hanging out with Cami Li after the girls bonded over horse riding. Maybe they'll become, erm, neigh-bours?



POOL LOT OF FUN

Gwyneth Paltrow's life really is this perfect donchaknow? The actress showed off a holiday snap of herself goofing around in the water with kids Apple and Moses.

Words: Benji Potter



JUST SMILE

Kelly Osbourne can only grin when Victoria's Secret model Stella Maxwell shares her drink.



GIRL POWER!

We're desperate to know what gave Cara Delevingne, Selena Gomez and Taylor Swift the giggles?



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Hollywood

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Now

Brad & Ange
set to become

LONDONERS!

Would you Adam and Eve it?

Megastar couple Brad Pitt and Angelina Jolie could be living next door to actual Royalty as they eye up a move to London. Brangelina are reportedly preparing to move from the US and the location's thought to be Angelina's idea as she attempts to throw herself into European politics.

A source reveals: 'They're house hunting in London. Angie wants to slowly immerse herself

in EU politics.'

Brad, 51, and Ange, 40, who are parents to six children, already own property in New Orleans and France. They've reportedly got their eye on a seven-bedroom mansion in Westminster that costs £25 million, but the insider adds: 'It's a huge investment, so neither of them wants to throw down that amount of cash without giving it some thought.'



'Hold on, Brad Pitt means what in Cockney rhyming slang?

MADGE'S HOTEL TO HERSELF

Madonna, 57, refused to be put off staying at the Ritz hotel in Paris – even though it's closed for renovations. An insider says: 'She's got the hotel to reopen just for her and her entourage when her Rebel Heart tour lands there in December. Now they'll have to fully staff the hotel just for her two-day stay!'



'Open your hotel to me, baby'

Rumer's Broadway meltdown

Rumer Willis has had to postpone her Broadway debut after a foot injury. The 27-year-old was

meant to take the role of Roxie Hart in the musical Chicago from last month. But

according to a statement from the show, she's had to put it back to 14 September 'to allow her the necessary time to fully recover from multiple stress fractures to her foot'.

An insider says: 'From the very start, Rumer's been panicking because she doesn't feel prepared. She's had several meltdowns because she's having a difficult time with the choreography and the singing. She can't get it together.'

She has to wait until she can dazzle 'em as Roxie

It's an unlucky break for Rumer



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Now

5
Second
Stories



GAGA'S SCARY CAREER MOVE

We can't wait for Lady Gaga to hit our screens in the new series of *American Horror Story: Hotel* – and neither can she. Gaga, 29, has revealed: 'I always wanted to be an actress. I wasn't particularly pretty in high school – I was very awkward. Now here I am.'

The show's co-creator Ryan Murphy, who created the role of the Countess especially for

Gaga, reveals: 'She showed up and she was wearing diamond pasties, a Band-Aid on her hoo-ha, heels and a black veil... Then the crew gasped in delight and we were off!' Gaga's co-star Kathy Bates praised her spooky performance, saying: 'It just scared the shit out of me.'



Miley blames Robin

Fresh from fuelling new controversy hosting this year's MTV VMAs, Miley Cyrus has blamed Robin Thicke, 38, for encouraging *that* raunchy Blurred Lines duet at the 2013 awards. Miley, 22, revealed: 'He was the one that actually approved my outfit. He wanted me as naked as possible.'

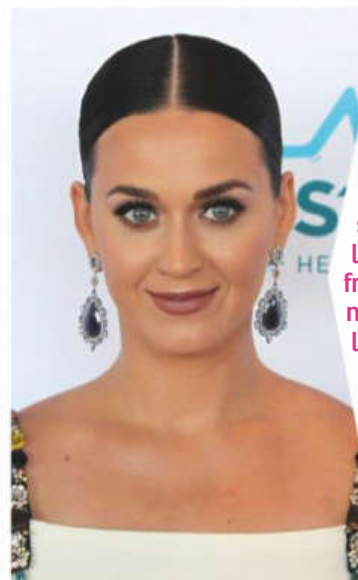
Liv's a Devoted mum

Grease star Olivia Newton-John has been helping her daughter Chloe Lattanzi, 29, ease herself into the music industry. Liv, 66, says: 'She's an amazing talent and has got a beautiful voice.'



CINDY SLAMS PICTURE LEAK AS 'MALICIOUS'

Supermodel Cindy Crawford's spoken out about that unretouched pic of her that went viral. Some people felt the allegedly natural image was a positive step, but Cindy, 49, called the leak 'malicious'. 'That picture didn't reflect what I saw when I looked in the mirror – even in the worst dressing-room lighting,' she said.



Katy's hubby hunt

Katy Perry says she's taking love life inspiration from eight-times-married movie legend Elizabeth Taylor. 'Liz was so fabulous,' says Katy, 30. 'I'm sure I'll be married just as many times!' One down, seven to go...

Words: Lucretia Munro. Photos: Barcroft Media, FameLynet, Film Magic, PA, Shutterstock, Planet

GOGGLEBOX'S SANDRA & SANDY

'We fancy Eamonn Holmes and Idris Elba!'

Another
Now
exclusive

As Gogglebox returns we catch up with telly bessies, the one and only Sandra and Sandy...

We can't get enough of Sandra Martin, 53, and Sandy

Channer, 50, who shot to fame on Gogglebox in 2013. The pair, who met at a ravers club in the 1970s, spend their evenings at Sandra's south London pad, gorging on takeaways and shouting at the telly – hello, dream job! Fame should come naturally to Sandy – after all, she is a cousin of Naomi Campbell. Here, the BFFs talk exclusively to Now about sex, toyboys and Simon Cowell. You get me?

How has life changed since Gogglebox?

Sandra: It's changed so much for the better. I've got a miracle job. I will never ever leave Gogglebox – even if it was for millions. What would make my day is if I knew my sister Queen Elizabeth watched it. That's my goal, to get the Queen watching – serious. Buckingham Palace needs to get involved.
Sandy: I've got more mature since being on Gogglebox, so it's been good for me. It's a good life.

Do you get sent strange things now you're famous?

Sandra: I got sent a Big Mac handbag. Everyone stops me and asks about it, for real. I get jewellery because I'm known for my rings and tings.
Sandy: No one's sent us dirty underwear yet, thank God. I won't be sniffing anyone's panties this year!

Do you worry about crazy fans?

Sandra: Sometimes. I had to leave Notting Hill Carnival because I was getting mauled for photos – it was crazy. I even had to put my hat on to get away in disguise. But usually it's fine. When people see me they're always nice.

WE LAUGH ALL THE TIME'

Have you had any Twitter marriage proposals?

Sandra: No, I wish I did! No one's even asking me out on a date at the moment. No luck.
Sandy: I get a few men asking me to go on holiday with them, but they're not offering the ring. I've been asked to go the Caribbean and America by men on Facebook. I didn't go. No way!

What's your type of guy?

Sandra: Younger guys, for sure.



'I get buy-one-get-one-free on my pizza,' says takeaway lover Sandra (right)

We went to an African club for a night out and there were these two young guys chatting me up. Younger men are all over me like a rash. I'd like to be known as the crazy cougar lady from Croydon – anyone interested? Nah, I can't be bothered. I'm celibate now. I wouldn't even know what to do!
Sandy: I like *all* guys!

Any celebrity crushes?

Sandra: Eamonn Holmes. He wakes me up in the mornings like a sunrise. I like his soft accent. We'd make a good couple, but he's got Ruth [Langsford] and she's really nice, so I wouldn't go there. I've always liked Tom Jones, but he's getting so old now and really grey – I need to start fancying

some younger celebs. New blood!

Sandy: I used to fancy Idris Elba, but I've moved on to Tank. And I really love Simon Webbe from Blue. But to be honest, there aren't that many buff men out there. No one's taking my fancy.

Do you fancy anyone on Strictly?

Sandra: Peter Andre should be very good and he's going to be in it to win it. He'll want to show off to his new wife. Ainsley Harriott will take it seriously – he's always doing little moves on his cooking shows. And I bet Anthony Ogogo will have some go-go!
Sandy: I do love Peter. I met him once and he was so nice. He can do his Mysterious Girl dance. Remember his hair in that

THE BIG INTERVIEW

S



video? It was like he had a tub of Brylcreem on his head.

Are you fans of Strictly?

Sandy: Yeah, I love it. Andy Murray's mum Judy made my day because she really thought she was good, bless her – like Ann Widdecombe.

Who's your favourite judge?

Sandra: Bruno Tonioli. I love his swagger when he talks about the moves. I like foreign accents – it makes him sound sexy!

Sandy: I like Len Goodman because he's old school.

Are you good dancers?

Sandra: Yeah, I can jiggle with the best of them. Shake it, baby!

Sandy: Oh yeah, I love a dancefloor. I've got secret dance moves – it keeps me fit.

What do you think of the new X Factor line-up?

Sandra: I'll be watching for catfights – I want to see if Cheryl gets on with Rita. Simon

always has his favourite judge and is mean to the rest of them. I'm glad he lost the beard – I didn't like it. He looked like a drag queen. All he needed was heels and he'd have looked like that Dana International on Eurovision!

Sandy: It's a boring line-up. There's no oomph in it. It needs me and Queen Bee up there making it exciting.

You're always munching on takeaways – how much do you spend a week on takeout?

Sandra: Right now, I get discounts because I'm such a good customer, so I spend about £40 or £50 a week. They give me extra ribs with my

Chinese and buy-one-get-one-free on my pizza.

What makes you cry laughing?

Sandra: Oh my God, I'm always laughing. We've got a wicked sense of humour – just seeing someone with a hoodie on in the summer makes me laugh a lot.

Sandy: We went on a plane a few weeks ago and it was Queen Bee's first time ever flying. She was petrified and clinging to the seat. I had to film her it was so funny.

Sandra: My dancing makes Sandy nearly wee herself with laughter. She cracks up.

Sandy: When you're around Sandra you can't help yourself. I even said to her we might have to start wearing Tena Ladies!



The ladies with their NTA gong

Words: Amy Brookbanks

TURN FOR MORE GOGGLEBOX ➡➡

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Hard at work with her dad Mark and mum Betty

GOGGLEBOX'S SCARLETT:

'Boyfriend? I wouldn't know what to do with one!'

We can always rely on gobby Scarlett Moffatt, 24, for a laugh

Scarlett, you're so tanned! How often do you fake it?

Every other day. After two weeks I have a special scrub day and spend two hours scrubbing my tan off. Then I start again the next day. My dad had skin cancer, so I'm really against sunbeds and I even wear sun cream when the weather isn't good. Sometimes when my tan starts to come off I look like I've got leprosy, but I wear long sleeves so people can't see it!

Have you got a boyfriend?

No. And I wouldn't know what to do with one because I'm so busy! If anyone nice came along I'd try to make time for them, but it's not

a priority. When I get free time I want to see friends or family.

What are your mates like?

I knew all my friends before the TV thing came along. I got loads of people coming out of the woodwork and saying things like: 'Remember once when we had a sleepover when we were seven?'

Are you good at spotting people who want to be your friend

just because you're on TV?

Oh yes. That's why I'm lucky with my group of friends. There are about 10 of us and we do everything together. You'd have to pass some kind of

initiation to get into the group! They never go on about the telly stuff. They don't even mention it.

Do you go to showbiz parties?

We go to a lot of press launches and they're fun. But because we've all got normal full-time jobs and we just watch the telly, it's weird when people want photos with you. But it's fun.

How do you feel about being recognised in the street?

I'm kind of used to it now. It's a bit mad because I can't just tie my hair up and run out any more. It's always when you do that loads of people ask for a photo and it's all over Facebook. I never thought I'd have to worry about things like that, so it's weird that I do now.

Do celebs follow you on Twitter?

Yes, it's bizarre. Jonathan Ross

follows me and I sometimes speak to Amanda Holden and Alan Carr on there. Sarah Millican messaged me to see if I wanted to see one of her shows and I speak to Jason Manford all the time. Me and my family met

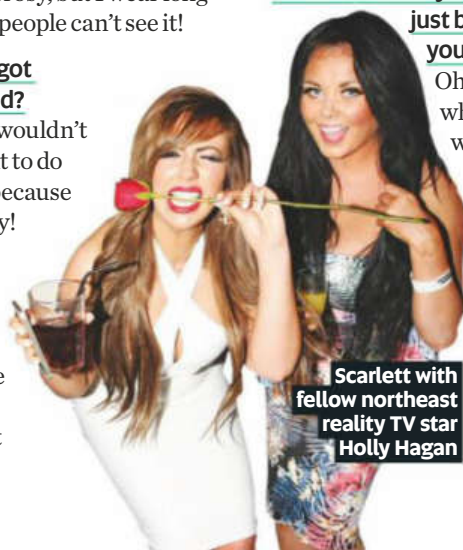
up with him and went to see The Producers. It's crazy because they're people I watch on telly and really like. The fact they even know who I am is so strange. I still can't get my head around it.

'MY MATES DON'T TALK TELLY'

What's your favourite TV dinner?

Anything Italian, like pizza and pasta. And I like any sort of wine. All wine!

Gogglebox returns on Channel 4 at 9pm on 11 September. Scarlett and the Moffatt family are supporting Anchor Cheddar's Rich List campaign. Find out more at facebook.com/anchordairy



Scarlett with fellow northeast reality TV star Holly Hagan

"AS LONG AS NOTHING HAPPENS, ANYTHING IS POSSIBLE"

GRAHAM GREENE

Our Man in Havana had a point. They treat time differently in Cuba. It seems to simultaneously stand still and yet race at the speed of life. From the cool elegance of Spanish colonial architecture to the sass of a salsa club. This place dances to the beat of its very own drum. And now you can fly there direct, in our revolutionary new Dreamliner.

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WELCOME TO THE
WORLD OF



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RUGBY W



England

Chris Robshaw, 29

Say hello to 6ft 2in, 17st 5lb Chris, England's rugby captain and the man expected to lead his team to victory. No pressure, then!

He's been dating classical singer Camilla Kerslake, 27, since 2011 and she says: 'Chris and I definitely plan to get married in the future.' Lucky lady.



We champion the hottest players on the pitch

The 2015 Rugby World Cup kicks off on 18 September, which means afternoons lost in the pub, ITV sport dominating your telly and, thankfully, a host of seriously fit men sweating, brooding and tackling each other to the ground. To celebrate the biggest event on this year's sporting calendar, we take a look at the best – and hottest – players from around the world.



Australia

Scott Sio, 23

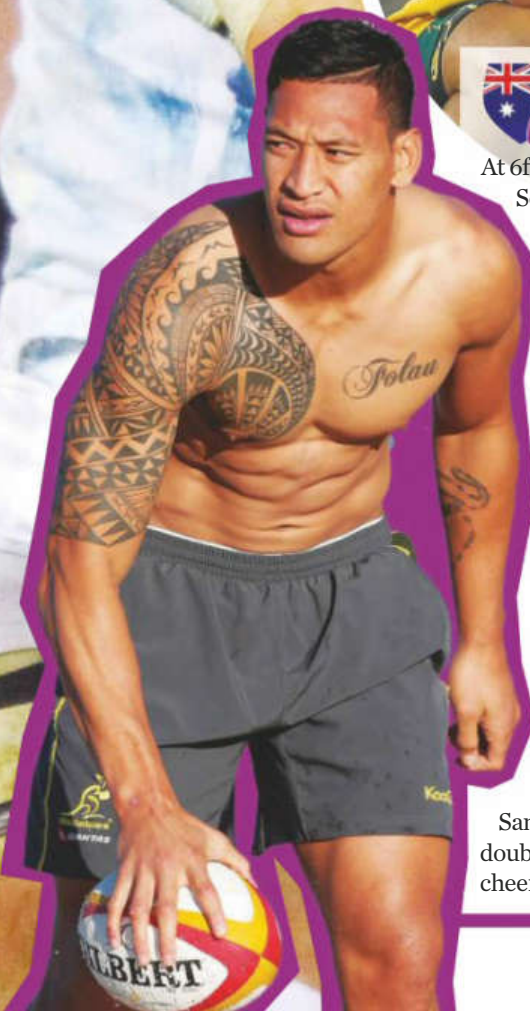
At 6ft 2in and 18st 4lb, softly spoken Scott is one of the hunks we'll definitely be keeping an eye on in this World Cup. Born in Sydney to Polynesian parents, his dream was always to play rugby. 'Every kid should aspire to be in the World Cup, representing their country. That's my ultimate goal,' the gorgeous player gushed earlier this year. Good on ya, Scott!



Australia

Israel Folau, 26

Tattooed, ripped to perfection and just 17 when he made his professional rugby debut, there's no way we could keep Wallabies back Israel off our hotlist. The 6ft 4in, 16st 3lb player has dated stunning Samoan actress Frankie Adams. No doubt his many female fans will be cheering him at this year's World Cup.

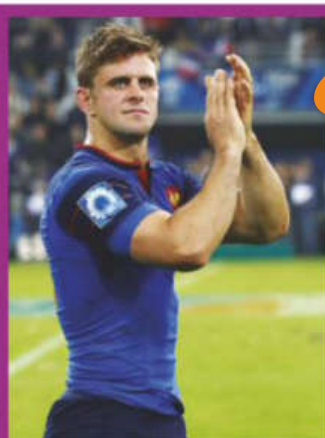


WORLD CUP'S finest!



England Danny Care, 28

Scrum-half Danny has been made captain of southwest London side Harlequins – and it's not hard to see why. Gorgeous bod and chiselled looks aside, the 5ft 9in, 13st 5lb hottie has won 51 Test caps and says he's: 'incredibly proud and honoured' to be asked to lead the side. We'll be keeping a close eye on you, Danny!



France Rory Kockott, 29

Born in East London – as in South Africa, not Hoxton or Shoreditch – 5ft 11in, 14st 6lb scrum-half Rory played for his country for five years before transferring to France in 2011. The handsome hunk is married to equally gorgeous Stephanie and the couple are expecting their first child. Sigh.



South Africa Damian de Allende, 23

Clocking in at 6ft 2in and 15st 13lb, with piercing blue eyes and a chiselled jaw, there's plenty of Damian to admire. Tipped as one of rugby's best young players, it's hard to believe he had to repeat a year of school due to unruly behaviour. Beautiful bad boy turned good? Heart melts.



US Blaine Scully, 27

Bright-eyed, bushy haired 6ft 3in, 14st 9lb Californian Blaine is all-round American hero – and heartthrob. At high school he aced basketball, swimming and water polo before taking up rugby in college, where he swiftly became captain. He played for Cardiff before being signed to the US Eagles but modestly says he's: 'just a guy trying to get better every day'. Aww.

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France Damien

Chouly, 29

He's been playing professional rugby since 2004 and represented France at under-21 level in 2006, leading the side to a victory over South Africa. And, well, look at him!

Judging by the 6ft 4in, 17st hunk's Instagram account he's a keen photographer too, filling his feed with beautiful scenic shots and, even better, snaps of himself training.

Wales Luke

Charteris, 32

Cornwall-born 6ft 9in, 20st 4lb Luke has already had an impressive career, playing for Wales in both the 2010 Six Nations tournament and the 2011 Rugby World Cup. He even helped Wales break the Six Nations record for team tackles with 250. We wouldn't mind being tackled by him!



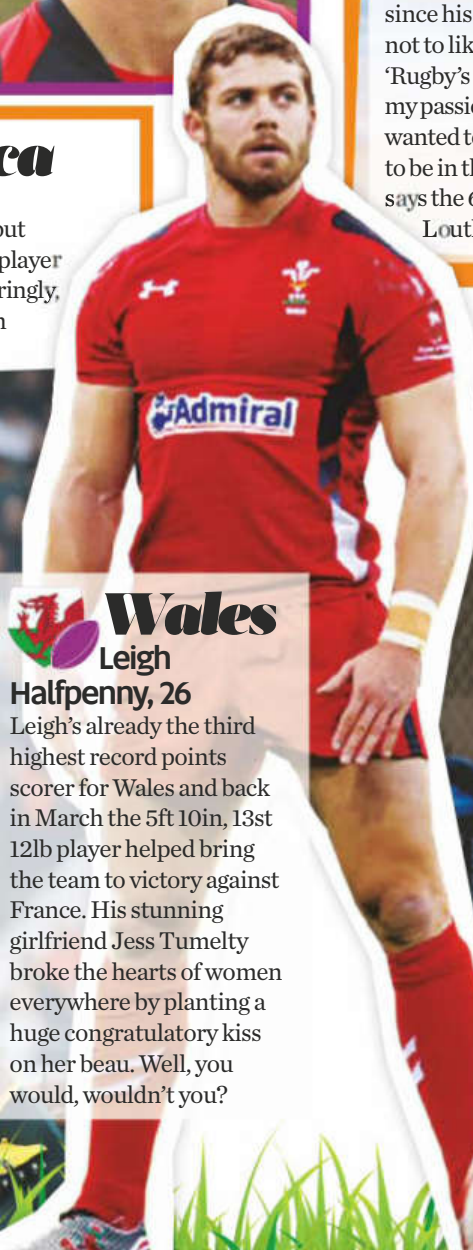
Ireland Rob Kearney, 29

Impressive physique, pretty girlfriend Jess Redden and a well-earned spot as a full-back for Leinster and Ireland since his late teens – what's not to like about Rob? 'Rugby's my job, my love, my passion, what I've always wanted to do. I'm privileged to be in this position,' says the 6ft 1in, 14st 13lb Louth-born hunk.



South Africa Eben Etzebeth, 23

He might look like butter wouldn't melt, but 6ft 8in, 18st 7lb Eben is a ferocious rugby player just like his uncle 'Cliffie' Clifford. Endearingly, Eben admits: 'I was a late developer. Even now I can't grow a proper beard.'



Wales Leigh

Halfpenny, 26

Leigh's already the third highest record points scorer for Wales and back in March the 5ft 10in, 13st 12lb player helped bring the team to victory against France. His stunning girlfriend Jess Tumelty broke the hearts of women everywhere by planting a huge congratulatory kiss on her beau. Well, you would, wouldn't you?

New Zealand Dan Carter, 33

He's been touted as one of the world's finest rugby players. Playing for New Zealand's mighty All Blacks, he helped bring the team to World Cup victory in 2011 and holds the highest point scores in Test rugby. Dishy 5ft 10in, 15st 2lb Dan also has two sons Marco, two, and four-month-old Fox with his hockey-player wife Honor. 'The household is debating whether they'll play hockey or rugby. I'm pushing for rugby,' he said. Too cute.



Catch all the Rugby World Cup action on ITV from 6.45pm on 18 September



HAPPY DAYS

Help your family to be hydrated with Nestlé Pure Life

Water makes up an amazing 60% of our bodies.

In fact, all our vital organs* contain different levels of water**. This figure is even higher for kids – up to 75% – so it's vital to make sure that they have enough water every day to stay well hydrated.

Drinking water regularly throughout the day helps to maintain healthy levels of hydration. But children don't always think about drinking, even when they're thirsty, so it's important to remind them and to encourage them to adopt healthy habits from an early age.

Children are especially vulnerable to dehydration because they have a larger surface area in comparison to

their body weight, so when the temperature rises, or if they're sweaty after running around playing, they'll lose water quickly as it evaporates through the skin to cool their body down.

Studies have proven that mild dehydration can lead to reductions in concentration and mental performance in children***, so keeping them hydrated is a great way to help them do their best in class.

To ensure your kids are getting the recommended daily six to eight glasses of fluid a day (on top of the water provided by food in the diet)****, encourage them to drink at home and at school.

Good times of the day to give your kids water are in the morning with breakfast, when they're doing homework, during dinner and before bedtime. Just

make sure they go to the loo before you tuck them in!

To make it easier for them to top up while they're at school, pop a bottle of Nestlé Pure Life® into their bag so they'll always have access to water when they need it. Remind them how important it is to drink at break times and after exercising.

Positive habits start at home, so make sure the family see how much you enjoy drinking water too. Good hydration is essential for healthy kids – and that's definitely something worth raising a glass to!



3 Ways Water Helps Our Bodies

1) It helps transport vitamins and minerals around the body.

2) Water is essential for removing waste products and toxins from the body.

3) Water evaporates through the pores in our skin when we sweat, lowering our body temperature.

Did You Know?

Checking the colour of your children's urine is a simple way to see if they're well hydrated. If it looks dark rather than pale yellow, it could mean that they're not drinking enough water. If that's the case, it's important to increase their water intake, so encourage them to drink water regularly throughout the day.

TALLIA STORM

'Brooklyn is very cheeky!'

She was dubbed 'Tiny Chancer' after leaving her demo CD with Elton John's partner David Furnish when she was just 13. Now, at 16, Scottish singer Tallia Storm's known for her rocking fashion, big hair and even bigger voice, has Brooklyn Beckham on speed dial, counts Eva Longoria as a mate and has 55k followers on Instagram...

How did you meet Brooklyn?

We met two years ago at the Capital FM Summertime Ball. He had his brothers with him and I've got two younger brothers so we had plenty to talk about. He's cheeky and funny and we have a lot of fun together. A character in my novel *Pop Girl* has huge similarities to him.



Elton propelled her to success aged 13

Meeting Brooklyn and Cruz at 2013's Summertime Ball

Have you been to the Beckhams' home?

Yes, they're a lovely family, so down to earth.

Victoria's one of the funniest people I've ever met. She's hysterical. So is Eva Longoria, who's been a big supporter of mine over the past couple of years. I'm inspired by what she's achieved with her fashion brand.

Is there any romance on the cards with Brooklyn?

We're such good friends now that it might be weird! He has a lot of banter - he's not spoilt and he'd never name drop. We dance around the kitchen to Drake. But for now my album is my boyfriend.

You've just done your Nationals [the Scottish GCSE equivalent]. How did you fit them in?

It was challenging but I pushed myself. Now it's 100 per cent music. I'm over with school!

Tallia's become good friends with Eva

The small singer with the big hair tells *Now* how she went from schoolgirl to hanging out with the Beckhams

Are you in touch with Elton?

Yes, he's told me to take my time and not to rush. He said: 'I'd much rather you had a No 90 in the charts and still be here in 10 years.' He gave me the platform of a lifetime so it's my turn to prove him right.

Do you get pressure from record companies?

It's so easy to be promised the world, fall for it and believe this person will make me the next Katy Perry overnight. But you have to do your time. All the greats have hustled for years - there's no such thing as becoming the next big thing overnight.

You've got your mum as

'MY MUM KEEPS ME IN LINE'

manager and your dad as songwriter. Is that tricky?

Mum says it like it is - she keeps me in line. She's been in the

business for 20 years. And in the studio, there's no sugar-coating. Dad'll just say: 'Tough shit, do it again.' He can play a gazillion instruments and he knows my voice, so it's win-win for me.

You're working with Jeans For Genes - tell us more.

It's a charity that helps children with genetic defects - it absolutely jolted my heart. I just wanted to try to help these kids.

*Jeans For Genes Day is on 18 September. Find out more at jeansforgenesday.org. Tallia's novel *Pop Girl* (£7.99, Scholastic) is out on 1 October*

They started where?

Loads of celebs got their big break thanks to ITV, but who could have predicted these wannabes would go on to such big things?



GIMME 5

Ant & Dec's acting career started on Byker Grove at the Beeb, but their first presenting gig was on kids show Gimme 5 in 1994. Shame their careers didn't really take off after that, eh?

60 YEARS OF TOP



To celebrate its diamond anniversary, we've picked out the channel's best bits from the past 60 years.



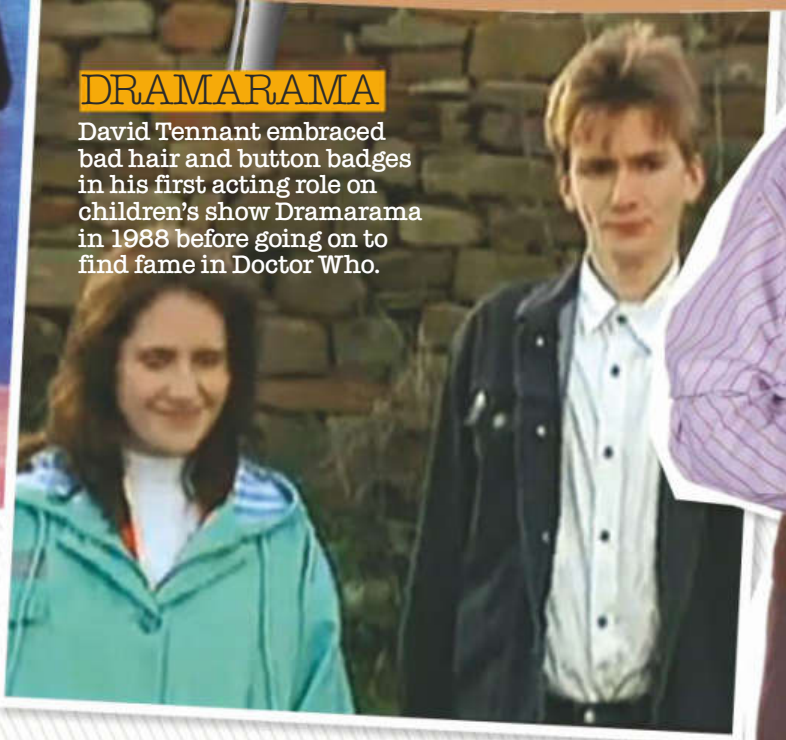
BLIND DATE

Amanda Holden (above centre) and Jenni Falconer made their first TV appearances as contestants

on Blind Date. Both went on to have hugely successful careers on the small screen.

DRAMARAMA

David Tennant embraced bad hair and button badges in his first acting role on children's show Dramarama in 1988 before going on to find fame in Doctor Who.



ARS TELLY

TV-AM

Lorraine Kelly's debut broadcast was interviewing Spandau Ballet in 1984. She hosted Good Morning Britain alongside Mike Morris and more than 30 years later she's still working on breakfast TV.

THIS MORNING

Even supermodels have to start somewhere! David Gandy's flatmate entered him in the show's modelling contest and he landed a contract with top agency Select.

THE DARLING BUDS OF MAY

Catherine Zeta Jones became a household name thanks to this drama, before heading to LA to launch a movie career.

S CLUB TV

She's one of TV's most successful presenters but Holly Willoughby cut her teeth in 2000 on S Club 7 spin-off show S Club TV, sporting an array of dodgy outfits.

TURN FOR MORE ➡

ITV's defining moments

It's screened some incredible programmes over the years – and these are some of the channel's most memorable moments of all time

JARVIS COCKER'S STAGE INVASION

Audiences gasped when Pulp singer Jarvis jumped on stage during Michael Jackson's performance at the 1996 Brit Awards. Jarvis was detained by police but later released without charge.

FREE THE WEATHERFIELD ONE

When Corrie's Deirdre Rachid was locked up for fraud, even then PM Tony Blair got involved in the campaign see her freed.

SEX, SWEARING AND ROCK 'N' ROLL

Punk band The Sex Pistols shocked the nation in 1976 when they swore on live TV during an infamous appearance on the Today show. Host Bill Grundy was suspended for two weeks.

SHOCK & LAW

Investigative journalist Roger Cook hosted The Cook Report from 1987 to 1998, catching criminals in numerous stings that led to convictions.

WHO WANTS TO BE ARRESTED?

A jubilant Charles Ingram scooped the £1 million jackpot on Who Wants To Be A Millionaire? in 2001. But he and his wife were later accused of cheating. They were convicted of deception and sentenced to 18 months in prison, suspended for two years.

A number one followed by one hundred zeros is known by what name?

A: Googol

C: Gigabit

B: Megatron

D: Nanomole

Channel hopping

The ITV logo's had many different looks over the years...



BLIND DATE'S FIRST MARRIAGE

Alex and Sue Tatham met on the show in 1998 and 25 years they're still together. They described the late Cilla Black as their 'fairy godmother'.



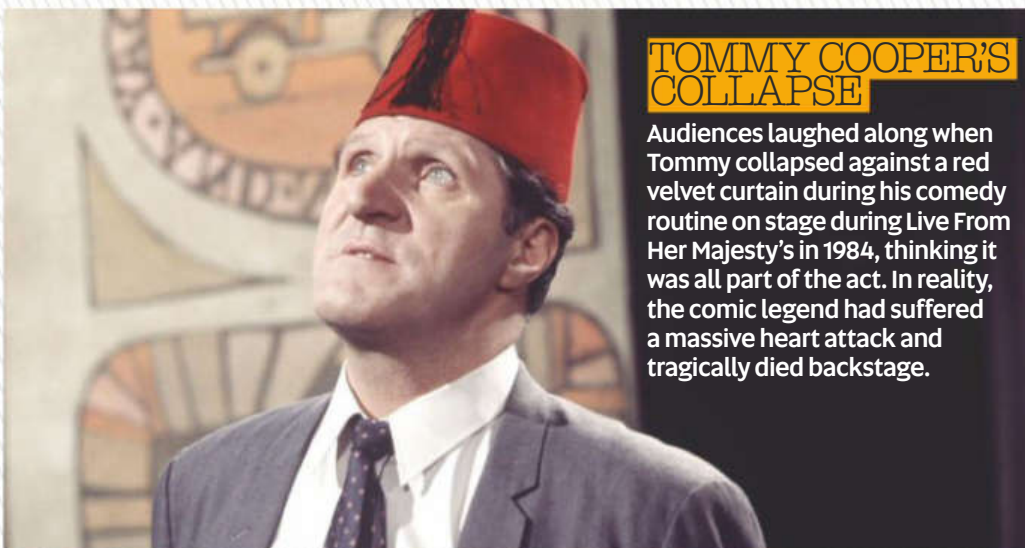
I'M A ROYAL BUTLER – GET ME OUT OF HERE!

CBB's Paul Burrell went from personal butler to Princess Diana to the UK's biggest wimp on I'm A Celeb in 2004.



THE MORSE MYSTERY

Detective series Inspector Morse ran from 1987-2000 but it wasn't until the end of the episode Death Is Now My Neighbour in 1997 that his first name was revealed to be... Endeavour.



TOMMY COOPER'S COLLAPSE

Audiences laughed along when Tommy collapsed against a red velvet curtain during his comedy routine on stage during Live From Her Majesty's in 1984, thinking it was all part of the act. In reality, the comic legend had suffered a massive heart attack and tragically died backstage.



TURNFORMORE ➡



I IS ALI G

Host Richard Madeley's turn as Ali G in 2000 has become the stuff of legend. He dressed up as the character for a sketch.

SHARP SHOOTER

Back in 2003, circus knife thrower Jayde Hanson accidentally cut the top of his brave assistant's head during a challenge. A freaked-out Fern Britton shouted: 'Oh my God, there's blood!'



LET'S TALK ABOUT SEX

Never a show to shy away from controversy, the 'professionally outraged', as Phillip Schofield calls them, were out in full force when an elderly couple simulated sex in 2011.

JOG ON

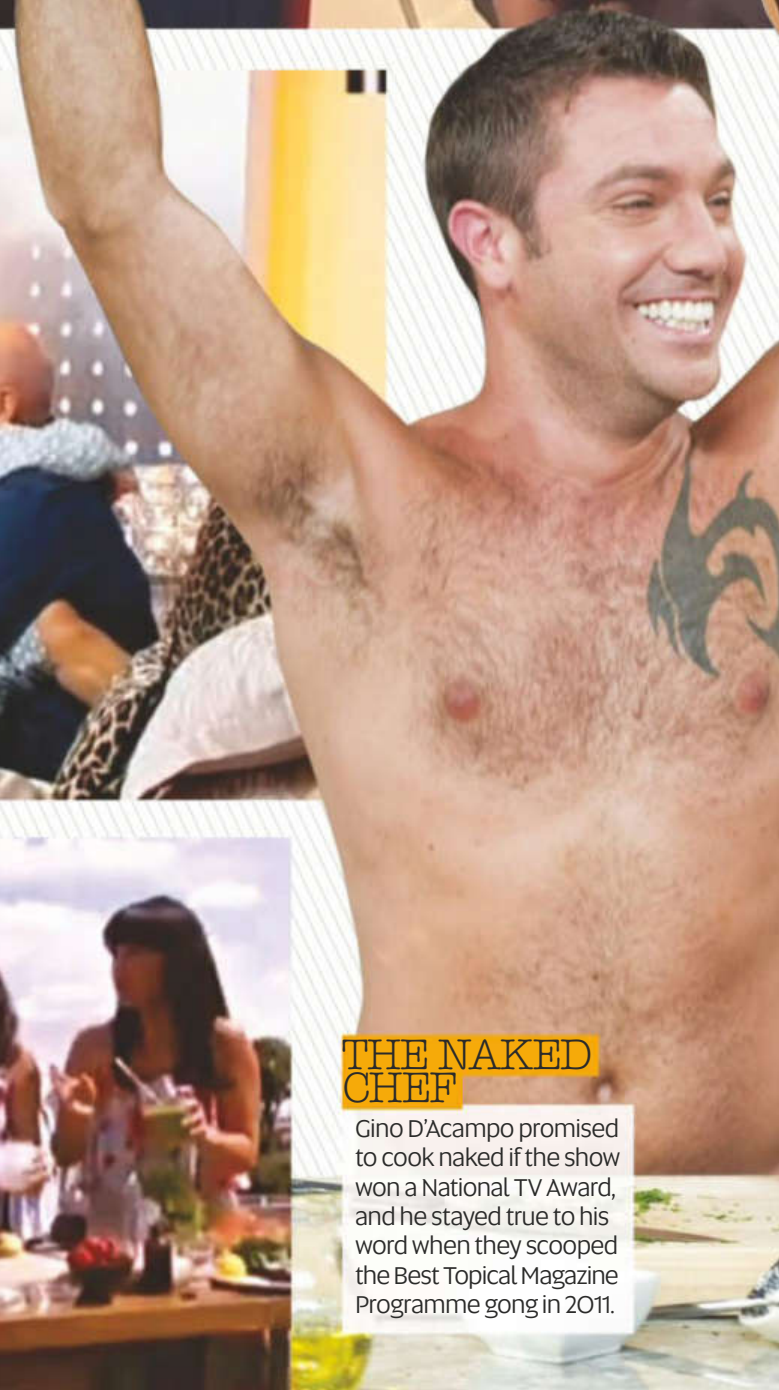
In July, Amanda Holden and Gok Wan were filming outside when PM David Cameron jogged past. Gok cried: 'David, we've got smoothies!'



The PM declined a smoothie!

THE NAKED CHEF

Gino D'Acampo promised to cook naked if the show won a National TV Award, and he stayed true to his word when they scooped the Best Topical Magazine Programme gong in 2011.



this morning

SHOCKERS

It's the gift that keeps on giving. These are our top moments from the show's 27 years



KERRY KATONA'S MELTDOWN

Poor Kerry's 2008 appearance prompted everyone, including hosts Phillip and Fern, to ask what the hell was going on. She slurred throughout her interview and offered to show her boob surgery scars, prompting a sympathetic Fern to ask her if she was dependent on alcohol.



ANTIQUE ANGUISH

When clumsy Jedward smashed a vase during a segment on very expensive antiques in 2011, Holly Willoughby looked like she was going to burst into tears. Thankfully it was all just a prank!



MEAT MERRIMENT

Hosts Fern Britton and Phillip Schofield completely lost it in 2004 when Fern said to Phil: 'You don't mind dunking a bit of beef, do you?' during a food item. The pair collapsed in fits of giggles until Phil cut to a competition.



THE WEATHER STREAKER

Once upon a time the show was based in Liverpool and the weather was read live on a giant floating map at Liverpool Docks. In 1995, a man named Mark Roberts decided to run naked across it!

11 things you didn't know about

Jamie Foxx

‘Why didn't my parents want me?’

Actor, comedian, musician, writer – Jamie's got the lot

Adopted as a baby

Eric Marlon Bishop, as Jamie was named at birth, was adopted by his maternal grandmother at just seven months old and he admits he still wonders ‘why my parents didn't want me’. He lived with his grandmother in a house just around the corner from his birth mother, but had very little contact with her and considers his grandparents his ‘real’ family.

he was still known then – started performing at comedy open mic nights in 1989, he noticed female comedians would often be called to the stage before male performers. So he changed his forename to the gender-neutral Jamie and chose his surname in honour of his favourite comedian Red Foxx.

He started out with Jim Carrey

Jamie, now 47, kicked off his career in 90s comedy show *In Living Color* – the same show that gave Jim Carrey his first break. Jamie was such a hit with viewers that when he left, the Fox network offered him his own self-titled show from 1996–2001.

Cunning career move

When Jamie – or Eric as



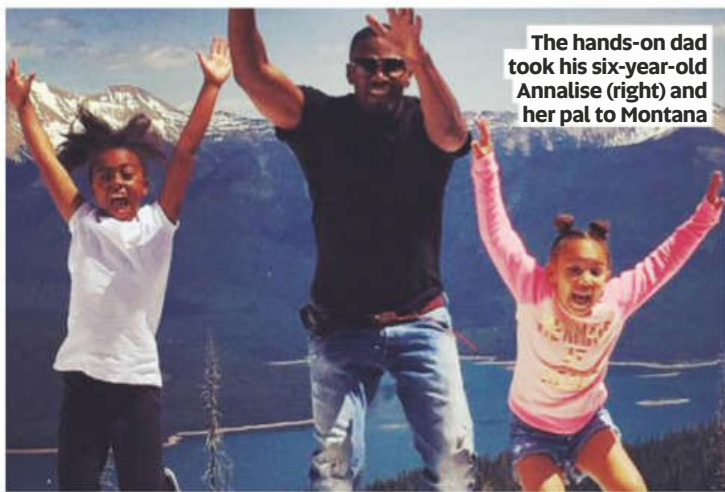
US sitcom *In Living Color* with Jim Carrey (top left) gave Jamie his first taste of showbiz



He credits his grandmother for raising him

‘I GOT MY HORSE A MOVIE ROLE’





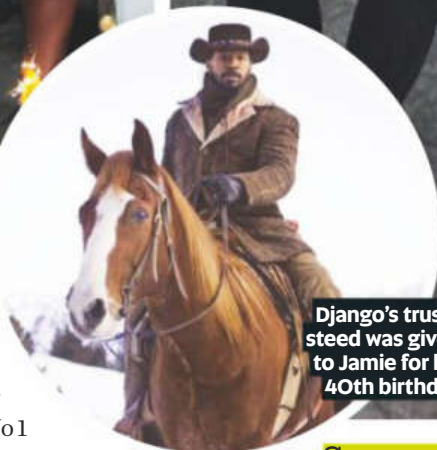
The hands-on dad took his six-year-old Annalise (right) and her pal to Montana



Daughter Corinne was his date at the 2004 Oscars when he won



He's the eldest sibling to sisters Deidra (left) and Diondra



Django's trusty steed was given to Jamie for his 40th birthday

Multi-talented

He started in comedy, but is now best known for acting in films like *Ray*, *Django Unchained* and *Law Abiding Citizen*. He's also an award-winning musician – in the last 10 years he's released three albums and worked with the likes of Ne-Yo, TI, Kanye West and Justin Timberlake.

Oscar winner

Jamie's one of only six celebs with both an Oscar for acting – for his role as Ray Charles in *Ray* – and a Billboard No 1 album. The others are Cher, Barbra Streisand, Bing Crosby, Shirley Jones and Frank Sinatra.

Family man

Jamie's two daughters Corinne, 21, and Annalise, six, have different mums, but he's never revealed their identities. He's every inch the proud dad though, and even brought Corinne with him to the Oscars in 2004 when he won.

Partying hard

In 2012, Jamie had what might just be the most hardcore New Year's Eve ever. He first celebrated in Australia, then flew to Las Vegas to do it all over again!



He released his first album in 1994

Arrest drama

In 2003, Jamie and his younger sister Deidra Dixon, then 25, were arrested at a New Orleans casino after they allegedly refused to show their ID cards and became confrontational when asked to leave. Police were called and it was reported the siblings had to be subdued with pepper spray. Jamie has revealed he's felt unfairly targeted by police in the past, saying: 'As a black man, I fear certain cops when I'm pulled over.'

Support for his sister

Jamie's sister Diondra Dixon, 31, has Down's syndrome and provided inspiration to others after Jamie cast her in the video for his 2008 single *Blame It (On The Alcohol)*. Jamie says of his sis: 'One thing people may not understand is that the person with special needs, the love that they give you is unfiltered.' Aww.

He got his horse into acting!

One of Jamie's past birthday presents was a horse named Cheetah, which came in very handy when he filmed *Django Unchained* in 2011. A horse was needed to play Django's trusty

steed Tony and Jamie promptly got Cheetah the part. Despite having no previous acting experience, Cheetah took to the role like a natural.

Foxx vs Tyson

Jamie met Mike Tyson when he rocked up to the comedy club he was performing at. There was just one problem: Jamie's routine contained a joke about the boxer. Jamie recalls: 'I get to my Mike Tyson joke, I'm about to kill it and it's complete

silence because he's in the audience. This is back in the time when Mike was knocking people out for having the wrong shirt.' Jamie went ahead and told the joke and luckily Mike saw the funny side. 'He said: "You're so funny, I want to hang out with you,"' reveals Jamie. Phew!

'I FEAR COPS WHEN THEY PULL ME OVER'

#WHAT'S

Freending

NOW

Cheat your way through the next seven days with Now's week in chic

**MOST
LIKES** ♥

CAPE BLAZER
£27.99
DRESS £19.99
SHOES £24.99
ALL NEW LOOK

OOH LOOK!

Our secret sources at New Look (who may or may not have been dressed like ninjas) say the brand's bagged record likes for its new monochrome collection. With 13k+ ♥s and counting, it's safe to say fashion's easiest non-colour combo is where it's at. Just add a slick of matt red lippy and you're larfing.

STYLE CONTENT
DIRECTOR'S CHOICE



DESIGNER DOUBLE

These Public Desire heels are dead ringers for Aquazzura's fringed Wild Thing heels. Unsurprisingly they sold out in record time, but they're back in stock this week so get on the waiting list!

SPLURGE
£515
AQUAZZURA



STEAL
£29.99
PUBLIC
DESIRE.CO.UK

**BACK IN
STOCK!**



Skincare Saviours



Has summer left your face in need of a pick-me-up? Time for a radiance boost...



£9
ACCESSORIZE



£7.50
OLIVER BONAS



£48
AROMAWORKS



£19
THE BODY SHOP



£12
MARKS & SPENCER



£39
MARKS & SPENCER

£200 IN SHOPPING VOUCHERS TO BE WON!

To celebrate the fabulous, uplifting burst of fragrance you get from Surf, here's your chance to get a wardrobe boost too! Four lucky readers will each get the chance to win £50 worth of vouchers. To enter, simply go to comps.nowmagazine.co.uk/competition/50_shopping_spree3_nowmagazine. To find out more about Surf – now with longer-lasting fragrances – go to surf.co.uk.

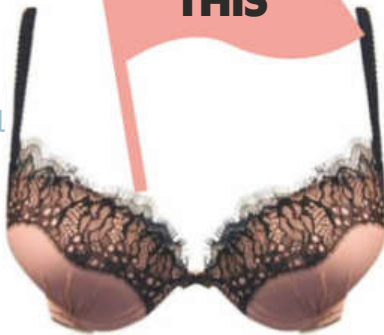


MATCH.COM

Are YOU the sort who can't bear mismatched undies? Do non-matching nails bring you out in stress sweats? STOP. This new collab is all your perfectly co-ordinated dreams are made of. Nails Inc's limited edition lacquers have each been paired with a set of Ultimo smalls, so it's now perfectly normal to match your nails to your naughties.

£15
EACH NAILS INC
GEL EFFECT ULTIMO
NAIL POLISH

SHARE THIS



BRA **£24**
BRIEFS **£12**
BOTH ULTIMO



£5 EACH
SUNJELLIES.COM

HEY CELEBRITY!

#Whats TrendingNow

'Can I tell you what's *not* trending? Them jelly shoes! Urgh!' says Cheryl Fernandez-Versini. But how about jelly *bags*, Chez?



C'mon, Cheryl, give them jelly bags a chance!



Unilever



WEATHER PROOF FROM MORNING TO NIGHT

V05
ultimate
HOLD
HAIRSPRAY



now
£2



*Based on 3 consecutive years Nielsen RMS Total Scantrack, client defined Hair Styling Value Sales to 52 w/e 18 August 2014 (UK) Copyright © 2014, The Nielsen Company.



UK's no.1
Styling Brand*

Express yourself with
Ultimate Hold Hairspray

superdrug.com

Superdrug 

V05 Ultimate Hold Hairspray 400ml now £2, was £3.29 (82p per 100ml), save £1.29. Offer available in selected Superdrug stores and Superdrug.com 26.08.15 – 22.09.15. Subject to availability. Selected lines only.

**NEW
IN**



The clever clogs at OPI have mixed their Original Nail Envy Strengthener into four tinted shades, meaning you get all the perks of nail-lovin' wheat protein and calcium plus so-hot-right-now nudey nails.

£19.50
EACH OPI NAIL ENVY NAIL STRENGTHENER NAIL POLISH IN HAWAIIAN ORCHID, BUBBLE BATH, SAMOAN SAND & PINK TO ENVY

PHD's self tanner with patented 'never miss a spot' wand technology sold out in just nine minutes in the US! Luckily for us (and superfan Millie Mackintosh loves the stuff), it's also now available at boots.com.

£19.99
PHD NEVER MISS A SPOT SELF TANNER BODY MIST



Millie Mackintosh loves the stuff

HERO BUY

**#WHAT'S
Trending
NOW**

BEAUTY

UK NO 1

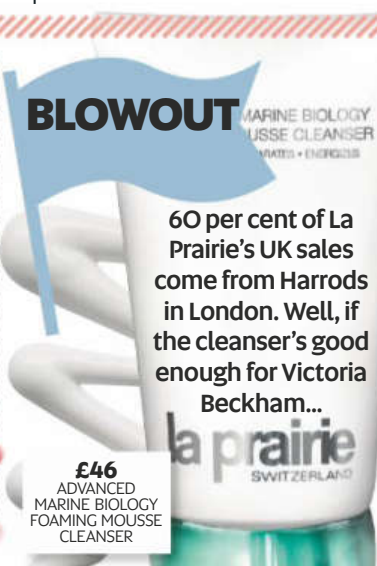
bestsellers

The products the world's been buying this week



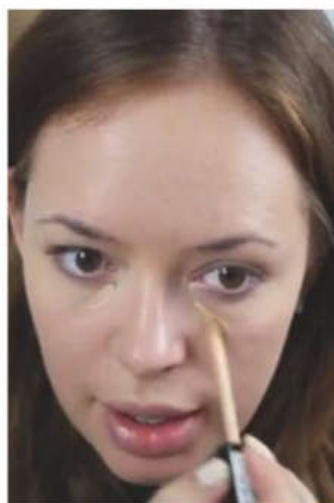
£7.99
EACH REVLON COLORBURST LIP CRAYON

BLOWOUT



60 per cent of La Prairie's UK sales come from Harrods in London. Well, if the cleanser's good enough for Victoria Beckham...

£46
ADVANCED MARINE BIOLOGY FOAMING MOUSSE CLEANSER



#BBLOGGER

One sells every 58 seconds in the UK and it's a fave of YouTubers Zoella and Tanya Burr. We're sold.

USE #BBLOGGER TO BOOST LIKES ON INSTAGRAM

£4.19
COLLECTION LASTING PERFECTION CONCEALER



Should you need any more help justifying your new purchase(s), Revlon ColorBurst is the UK's No 1 lip crayon!

FEELING SOCIAL-ABLE?

Let us know what's topping your **#WhatsTrendingNow** wishlist at:



@NowMag

@NowMagazineOnline

How do you

Denim is great – so far

THE TREND

70s flares



THE EDGY ONE

Dungarees



do denim?

so obvious. Here are 73 ways to make *yours* work even harder

THE LOOK

Double denim



DAISY LOWE

£30
TOPSHOP



£39
GLAMOROUS

£36
RARELONDON.COM

£59
LAREDOUTE.CO.UK

★Best of the rest



£15
LAREDOUTE.CO.UK



£35
Oasis

£45
CONVERSE AT
SUNGlassesSHOP.COM



£8
WALLIS



£4.49
BARRY M
MAKE ME
BLUSH CREAM
IN RHUBARB
CRUMBLE



£75
OFFICE



£35
MARKS &
SPENCER



ALEXA CHUNG



£19.99
LOOKAGAIN.CO.UK

★Best of the rest



£17.99
NEW LOOK



£7
PRIMARK

THE FIGURE FIXER

Skinnies



KHLOE KARDASHIAN



£14
TOPSHOP



£65
ASOS.COM



£7
WALLIS

SIZES
8-20

£12
Matalan



SLIM PICKINGS

Skinnies aren't going anywhere in a hurry! Here's how to get the best for you:

❖ Opt for wash that lightens down the middle. This subtle shading will lengthen and slim your legs.

❖ You *should* have to wiggle into them – if they easily glide onto your legs, then they're too big! Fact.

❖ H&M's genius jeans have a techie stretch formula that holds in your tum, legs and bum. See ya, squats!



£55
ZACHELS



£6.99
L'OREAL
SUPER LINER
PERFECT SLIM
EYELINER

A simple feline flick completes this outfit



£8
TOPSHOP
LIPSTICK
IN RIO RIO

★ Best of the rest



£39.99
H&M



£42
TOPSHOP



£40
RIVER
ISLAND

THE SENSIBLE ONE

The dress

2015's It all-in-one



THE PRINT

Stars



**WHEN I DIDN'T
NEED TO WAIT
FOR THE SALE
THIS SEASON.**

#MyLittleBigVictory

Find the look you love at a price that's right for you.
Visit eBay.co.uk



Coats selling for
£23.73



Dresses selling for
£10.79



Shoes selling for
£16.84



Bags selling for
£22.71

ebay™

Prices and items shown are indicative of the corresponding category and are subject to change. Inventory is managed by third parties. Prices shown have been calculated by taking the mean average selling price of all items sold within the corresponding category during the period of 1 January 2015 to 31 July 2015, including all used, new and refurbished items and all selling formats. This does not include postage and packing fees.

THE FINISH

Distressed



POPPY
DELEVINGNE



£65
ELEVEN PARIS



£49.50
MARKS & SPENCER



£7.99
STRADIVARIUS

£42
American
Eagle
Outfitters

★Best of
the rest

Carry on the
summer vibe
with an
Aztec tote



£30
WAREHOUSE



£38
MISS
SELFREDGE



£24.99
NEW LOOK

£30
VERY.CO.UK



£5.99
NEW LOOK

£4.99
MAYBELLINE
GREAT LASH
WATERPROOF
MASCARA IN
VERY BLACK



£20
BOOHOO.COM

**WHEN I
COULDN'T
RESIST AND
I DIDN'T
HAVE TO.**

#MyLittleBigVictory

Find the look you love at a price that's right for you.
Visit eBay.co.uk



Dresses selling for
£10.79



Shoes selling for
£16.84



Bags selling for
£22.71



Jewellery selling for
£12.05

ebay[™]

Prices and items shown are indicative of the corresponding category and are subject to change. Inventory is managed by third parties. Prices shown have been calculated by taking the mean average selling price of all items sold within the corresponding category during the period of 1 January 2015 to 31 July 2015, including all used, new and refurbished items and all selling formats. This does not include postage and packing fees.

THE IT BUY

Denim skirt



£65
NEXT



£32
TOPSHOP



LILY
DONALDSON

£29.99
Zara



£17.99
NEW LOOK



★Best of
the rest



£24
DOROTHY
PERKINS



£16
JD WILLIAMS.
CO.UK

SIZES
12-32



£14
F&F AT TESCO



£18.50
DIVA AT MISS
SELFIDGE



£49.99
RED OR DEAD
AT SCHUH



£7.99
REVLON
COLORBURST
LACQUER BALM
STAIN IN
PROVOCATEUR

Words and styling: Sarah Bradbury. Photos: Rex

16

THINGS ON GIRLS WITH BIG BOOBS

understand!

Bigger busted ladies, we feel your struggle...

*Kim gives
great curve*

1 When you're asked: 'Why don't you get your boobs out more?' Um, because I don't want to be gawped at? Just because I have big boobs doesn't mean I'm going to show 'em off!

2 Shirts gaping – so annoying!
Meet the M&S No Peep shirt – its hidden pockets and concealed buttons are the stuff of dreams.



£29.99
ZARA

3

We can wear smocks! We just need straps or clever underwear.

5 The bikini dilemma. No, we don't want tan lines but we need support. Yes, we need to buy a different size top and bottoms.



£26.50



£18.50
BOTH FLOOZIE
BY FROSTFRENCH
AT DEBENHAMS



£55
PEPPERBERRY
SIZES 8-18

4 Stretchy fabrics are always your friend – especially when you want that dream dress to fit over your chest...

Draped styles are oh-so-flattering – the fabric of this dress has just the right amount of give

6 Spending more on bras 'because you have big boobs'.

7 Being unable to wear backless dresses – those stick-on bras are worse than useless if you're anything above a B cup.

8 Going braless is not an option. Ever.

LY
H



Kate knows how to
work her Upton girls

Constantly being
told how much
your big hooters
are to envied –
they're a blessing
and a curse,
people! You deal
with avoiding the
four-boob effect
All. The. Time.

10 Sunbathing lying on your
front – uncomfortable yet,
unfortunately, necessary.

Feel supported with a good sports bra... or two!



£9.99
NEW LOOK



£12.99
NEW LOOK

11 Sometimes you need to wear *two* sports bras to
avoid the jiggle when at the gym – and even then
you'd consider wearing a third for more support.

12

Just because we have a
G cup bust doesn't
mean we can only wear
frumpy bras – we love
pretty underwear, too!

JACKET
BRA
£55
BRIEFS
£19.50
£12.50
ALL
MARKS &
SPENCER



13 A strapless bra
that actually
offers support
is the hardest
thing to find. But we did!



£32
CURVY KATE

*This strapless bra does
work! Support up to an
H cup - lifesaver!*

14 Yes, sometimes
we do prefer to
wear full-cup style
bras because
they're actually really comfy.

SHIRT
£26
EVANS



15 Buttoned-up
shirt = 'barrel
mono-boob'.
So always
create an unbuttoned 'V'.

16 No, we're
not trying
to seduce you if
we squeeze past
– our boobs just
get in the way!

£39
BRA
£14
BRIEFS
BOTH
FANTASIE





HAT £12
DRESS £18
SHOES £20
BAG £16
BELT **STYLIST'S OWN**

Enchanted Kingdom

Channel fairytale chic this autumn with the new collection from Tu at Sainsbury's

Autumn is in the air and that means one thing – it's time for a wardrobe update. Fall in love with this season's pretty, feminine pieces, which are perfect for dreamy days and romantic weekends away.

The irresistible autumn collection from Tu at Sainsbury's has everything you need for new season

statement style. Think enchanted forest florals, printed checks and bold stripes, all tied together with embellished details.

Team dark floral dresses and skirts with chunky knitwear for a catwalk-inspired boho vibe. Get ready for a magical makeover – you'll look gorgeously chic whatever you've got planned.

Now PROMOTION

JUMPER £18
BLOUSE £18
SKIRT £18

Tu *only at*
Sainsbury's
in store | online | mobile

The Tu autumn collection is available from 8 September online and in selected stores. Subject to availability. Search Tu clothing.

*blended for
beautiful hair*



BLENDING FOR SMOOTH, SLEEK HAIR
INFUSED WITH ARGAN OIL & JASMINE EXTRACT

Oi, OIL

New cult oils driving the internet nuts



£28
THE BODY SHOP OILS OF LIFE FACIAL OIL

Best for:
snoozing

Smooth this soothing potion onto clean skin just before you jump into bed. The result? A Snow White-esque beauty sleep that you'll actually wake up from.

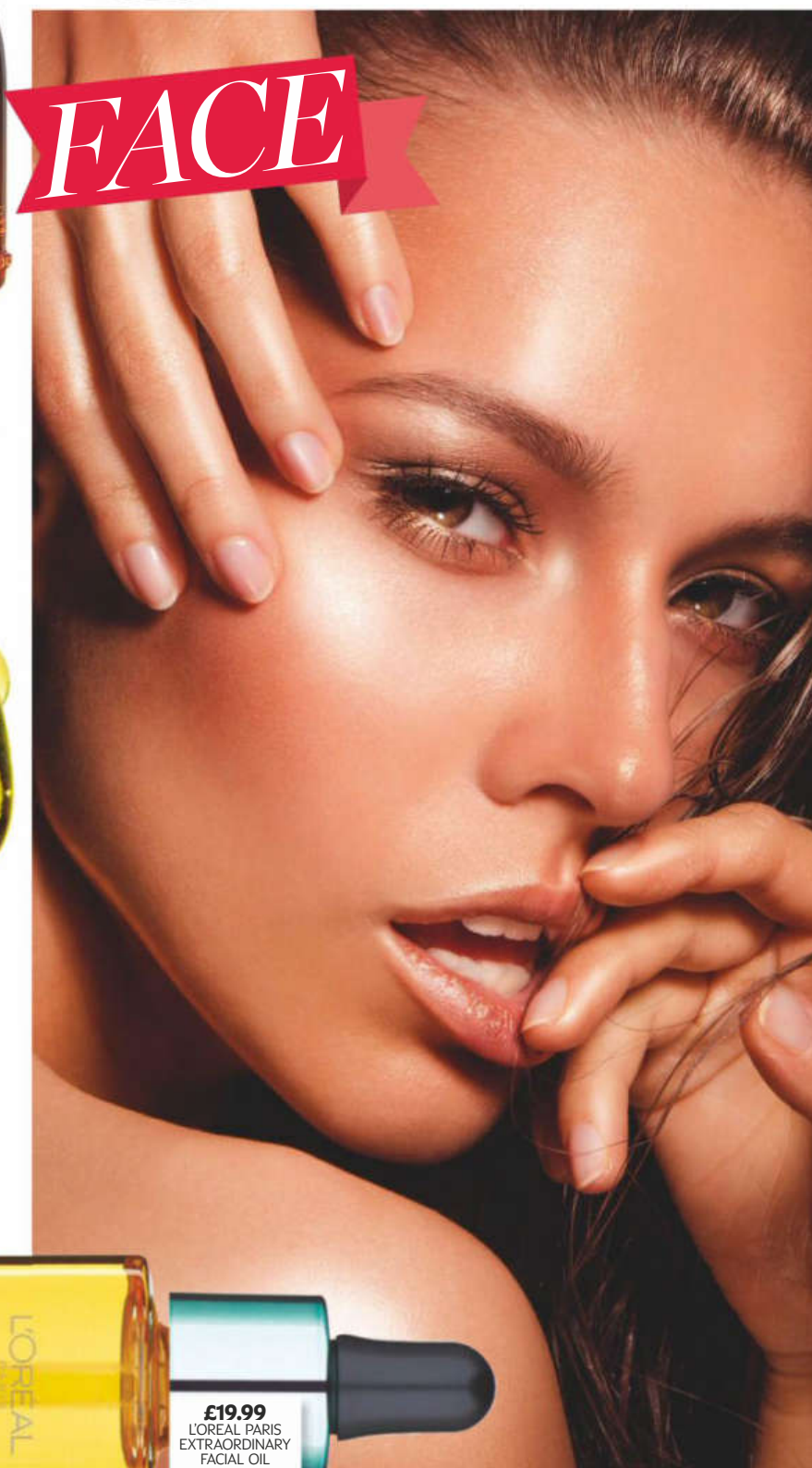


Best for:
scaredy cats

If you're a facial oil virgin, head straight here. This bad boy doesn't let make-up slip and is surprisingly refreshing. Mix with moisturiser for the ultimate glowy effect.



£19.99
L'ORÉAL PARIS EXTRAORDINARY FACIAL OIL



FACE



£36
KIEHL'S DAILY REVIVING CONCENTRATE

Best for:
dirty stop-outs!

A clever concentrate of sunflower and tamanu oils with ginger root helps cheat the effect of a full night's sleep, even if you've been up 'til the early hours.



£18
CLARINS INSTANT LIGHT LIP COMFORT OIL IN HONEY

Best for:
lips

Infused with hazelnut and plant oils to protect your pout, the yummy honey flavour makes your lips deliciously kissable. Mwah!

RIMMELLONDON.COM



REC

1/125 F5.6

PICTURE PERFECT

NEW

MATCH PERFECTION FOUNDATION

WITH PORE BLURRING EFFECT

Meet your match! Weightless, invisible coverage. Visibly poreless, picture-perfect skin. 24-hour hydration. Skin perfected, protected. No need to hide!

Georgia May Jagger wears Match Perfection Foundation shade 200.



RIMMEL

GET THE LONDON LOOK



*No.1 in unit sales IRI data 52 week ending 11th July 2015

BODY

Best for: *baby-soft skin*

We're obsessed with the milk and now almonds are taking over our beauty regime, too. This made our skin feel softer than we ever thought possible. Apply it with your hair tied up to prevent the ends from getting overly slick.



£35
LOLA'S
APOTHECARY
ROSE & NEROLI
BODY OIL

Best for: *stretchmarks*

This UK-made 100 per cent natural oil is great for repairing environmental damage and helps to even out skin tone. We also love their rollerball applicators, £25 – perfect for dabbing onto pressure points for a quick pep-me-up.



£32
NEOM
DAILY
BOOST FACE,
BODY & HAIR OIL

NEOM
ORGANICS • LONDON

DAILY BOOST
FACE, BODY & HAIR OIL



Best for: *soothing*

We found the best place to apply this multitasker was absolutely everywhere before we hit the hay – the scent sends you into a sublime sleep like no other. #Dreamy



THE CLOTHES SHOW

IN ASSOCIATION WITH **ALCATEL onetouch.**

4-8 DECEMBER 2015
NEC BIRMINGHAM

BRITAIN'S FASHION FESTIVAL

ESSHOW.COM



SHOPPING, CELEBRITIES, FASHION THEATRE,
BEAUTY & TREND PRESENTATIONS,
INSIDE STYLE ADVICE AND CATWALKS

THIS YEAR, COME AND TAKE A SELFIE
WITH YOUR FAVOURITE CELEBRITY
AT THE THX TOTAL HAIR EXPERTS PAP PEN IN
ASSOCIATION WITH NOW MAGAZINE & CAPITAL FM.
DON'T MISS OUT.

**Tickets are subject to availability*

HAIR

Best for: *strengthening*



Hair feeling a little battered after a summer of styling and sunbathing? This new hero product will sort out your scalp and scraggly ends in no time at all. Simply massage into towel-dried hair and let the evening primrose oil work its healing magic.

£3.99
ALBERTO
BALSAM
SMOOTH &
SLEEK
NOURISHING OIL



Best for: *shine*

Frizzy hair, begone! This smooths flyaways and gives the ultimate gleam. Plus, the jasmine scent leaves our locks smelling dreamy.

Best for: *coloured hair*

Use this pre-styling product on dry or split ends and to lock in your hair colour. The natural ingredients give your locks unbeatable shine without them looking greasy.



£8.99
TRESemmé
OLEO RADIANCE
OIL ELIXIR



£50
MORROCCANOIL
PURE ARGAN OIL

Best for: *indulging*

Yes it's expensive, but this is argan oil in its purest form. Like the perfume version of an EDT, a little goes a long way and the result is richer-looking skin, hair and nails. A wonder oil well worth splurging on.

Some kids have to be braver than others

Around ten young people are diagnosed with cancer every day in the UK. That's ten more facing months of gruelling treatment. They'll have to be braver than they've ever been before, but with your help we can make those treatments kinder. With your help we can find cures sooner. With your help, kids can really be kids again.

Donate **£3** and help fund research into childhood cancers.

Text "BRAVE3" to 70200.



LET'S BEAT CHILDHOOD CANCERS SOONER.

cruk.org/kidsandteens

Our Partner



Text costs £3 plus 1 standard rate text. CRUK receives £2.93. UK mobiles, 16+ only. Ts&Cs at www.cruk.org/text. We'd like to contact you to tell you more about our work. If you'd rather we didn't, please add NOINFO to your text. Queries? Call 0300 1231861. Registered charity numbers 1089464, SC041666 & 1103. Registered address: Angel Building, 407 St John Street, London EC1V 4AD. 'Around ten young people' statistic is based on the annual number of cases of cancer (ICD-10 C00-C97 excluding C44) diagnosed in kids, teenagers and young adults aged 0 to 24 years in the UK between 2009-2011.

YOU & Improved

POPCORN PAL

Cook your kernels in organic Red Palm Oil for a delicious, yet healthy flavour.



EAT LESS, BUT BETTER, MEAT

Organic animals enjoy the highest welfare standards. They are fed a GM-free diet and graze on organic pasture where pesticides are restricted.

9 EASY WAYS TO BE

Organic

FANCY A CUPPA?

Organic tea, and coffee is grown without the use of artificial pesticides and fertilisers. This means healthier soils and more habitats for wildlife.



POP!

Celebrate with your fave fizzy drink! Drought, what drought?

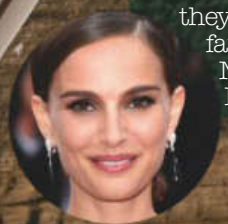


£9.95
WILD THING
PROSECCO
VINTAGE ROOTS.
CO.UK

CELEB LOVES

'Pai organic skincare products are really clean and free of bad chemicals – plus they smell fantastic.'

Natalie Portman



BEAUTIFUL INSIDE AND OUT

There are currently no legal standards for organic beauty so products may be labelled 'organic' even if it doesn't always stand true. Look for the Soil Association symbol to make sure a product is guaranteed organic.



GLUTEN-FREE BEER?

It must be good for you. Right?



£8
FOR FOUR
CELIA ORGANIC
LAGER,
WAITROSE

SIGN UP FOR AN ORGANIC VEG BOX

Organic farms support 50 per cent more wildlife than non-organic, so you're not just getting the best of British produce, you're also helping to protect bees, birds and butterflies. Try riverford.co.uk from £10.45, ableandcole.co.uk from £12.50 and farmaround.co.uk from £10.20.



SWITCH TO A HEALTHIER MILK

Organic milk is naturally different – no system of farming produces milk with higher levels of omega-3 fatty acids or a healthier balance of omega-6.





LAMB. GET TONGS WAGGING THIS SEASON

Looking to impress this bank holiday? Lamb's the word. Try our seriously simple BBQ ideas, from citrus marinated steaks to tasty lamb skewers.

Fun and quick to prepare, our lamb dishes are guaranteed to get taste buds sizzling and inspire you to fry another day!

GET A LICENCE TO GRILL AT
TASTYEASYLAMB.CO.UK

You & Improved Oh. My. Bod.

Ex-Olympian **Dame Kelly Holmes**, 45, shares her top-to-toe health secrets

'I wish I still had a six-pack!'

HEIGHT: 5FT 4IN
WEIGHT: 8ST 7LB
SIZE: 8

How often do you exercise?
Probably about five days a week. I mix it up by going on my bike and doing gym circuits. I like high-intensity training, as it's over really quickly. I also love running and blasting my music through my BioSport headphones, which help me to monitor my progress.

What are your top tips for people struggling with motivation?

For me, motivation is all about setting yourself goals. Just think about what you want to achieve and work towards it. I like to focus on my fitness levels and wanting to look good.

Do you feel pressure to stay in shape?

I feel my fitness levels have to be higher than most people's because I'm a former middle-distance athlete. I don't want to be an old grandma running around with the kids, struggling to keep up.

What's your best health tip?

I only weigh myself occasionally. A lot of people judge themselves by the scales, but they don't measure if you're fit and healthy – you may as well throw them out the window!

Do you have any body insecurities?

I get a bit huffy with my belly because I used to have a six-pack – it's still there sometimes!

Any guilty food pleasures?

I'll have cheat days and still eat chocolate. Everything in life should be taken in moderation.

Kelly likes to work out wearing BioSport Biometric Earbuds with Heart Rate Monitor, £129.95, available at smsaudiouk.com



KELLY'S FOOD DIARY

Now's expert sports nutritionist **Ollie Frost** gives his verdict on her daily diet



Breakfast

I'll have a smoothie with a mixture of fruits, seeds, grains and granola.

OLLIE SAYS Smoothies are a convenient way to pack in essential vitamins and minerals. Grains and fruit contain soluble fibre that may help slow the breakdown of carbohydrates and absorption of sugar, helping with blood sugar control.



398 cals

Lunch

A salad with chicken or prawns, a mixture of veg and maybe some cheese.

OLLIE SAYS Chicken is a low-fat, high-protein meat that will increase the feeling of feeling full. Veg, where possible, should be included in every meal. It provides volume but few calories.

440 cals



Dinner

Marinated fish baked in the oven with vegetables.

OLLIE SAYS Fish contains omega-3 fatty acids that provide support for joints, insulin control and reduce digestive inflammation. Vegetables are high in antioxidants, helping to prevent illness.

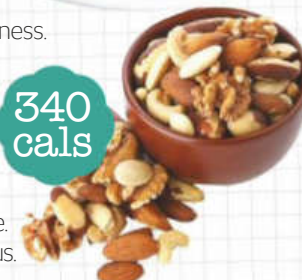


435 cals

Snacks

A variety of nuts.

OLLIE SAYS Nuts contain high levels of polyunsaturated and monounsaturated fats, shown to lower the risk of heart disease. Walnuts and almonds are the most nutritious.



340 cals

TOTAL CALS 1,613 (GDA 2,000)

VERDICT Kelly's diet is rich in protein, promoting fat loss while building lean muscle tissue, giving you that 'shaped' physique. Kelly eats plenty of veg and nuts that will protect her immune system from infection.

Follow Ollie on Twitter @Ollie_Frost

Centuries of stains, dirt and grime. What better partner for Cif than English Heritage.

After years of taking the nation's dirty worktops, bathtubs and ovens comfortably in its stride, Cif is ready for a new challenge.

Well, actually it's ready for some very, very old ones. Because Cif is going to help English Heritage to restore some of the country's most treasured historic buildings and monuments.

And it all begins with Cif supporting the task of restoring the Quadriga - the spectacular bronze statue on The Wellington Arch in central London. We can't wait.

You can follow our progress and find out more about how Cif and English Heritage are making England shine at www.cifclean.co.uk



£40
LAURA
ASHLEY

£27
JEWELLERY
STAND,
OLIVER BONAS

£65
NEXT

£12
GEORGE HOME
AT ASDA

All products
available from
Oliver Bonas

£35
HABITAT

£9.99
H&M

£6
FOR FOUR
COASTERS,
IKEA

£35
JOHN
LEWIS

Marble-ous

You can luxe up any living space with this stony trend

£19.50
MARKS &
SPENCER

£12.99
HOMESENSE

£39
CHEESE BOARD SET,
OLIVER BONAS

£18
SAINSBURY'S

£25
ROCKETT ST
GEORGE

£30
JOHN LEWIS

£7.99
HOMESENSE

Chop your
veg in
style!

Check out Prague's seasonal markets

Three nights from
£259
per person

Now OFFERS

Take in the traditional flavour of Krakow

Enjoy the festive atmosphere of Switzerland

CHRISTMAS MARKETS

BERLIN

Three nights from £339pp

Visit the vibrant German capital, where some 50 Christmas markets offer traditional festive wares, plus fairground rides, ice-rinks and a ski-slope. Trip includes a guided city tour and time to explore Berlin and the markets.

To book, visit www.newmarket.travel.

newmarket.travel/NOW 11812

PRAGUE

Three nights from £319pp

Fly to Prague to enjoy the delightful stalls of the Christmas markets in Wenceslas Square, a tradition that stretches back over 1,000 years. Trip includes a guided walking tour of historic Prague and time to explore the markets.

To book, visit www.newmarket.travel.

newmarket.travel/NOW11388

KRAKOW

Three nights from £349pp

With colourful Christmas markets steeped in tradition, enjoy Krakow by night and soak up the festive atmosphere on this unmissable seasonal break. Trip includes a guided walking tour of Krakow and time to browse the markets.

To book, visit www.newmarket.travel.

newmarket.travel/NOW17422

SWITZERLAND

Three nights from £369pp

Few countries radiate the magic of winter more than Switzerland. Snow-capped mountains, cosy wooden chalets and colourful villages create a marvellous festive atmosphere. Includes a visit to the Montreux Christmas market.

To book, visit www.newmarket.travel.

newmarket.travel/NOW15762

Call 0330 160 7863 quoting NOW
or book online at www.newmarket.travel/NOW

Other destinations	Duration	Departure	From price
Barcelona Christmas markets	3 nights	Nov- Dec 2015	£329pp
Black Forest Christmas markets	3 nights	Nov- Dec 2015	£359pp
Cologne Christmas markets	3 nights	Nov- Dec 2015	£399pp
Edinburgh Christmas markets	2 nights	Dec 2015	£259pp
Italian Christmas markets	4 nights	Nov- Dec 2015	£419pp
Munich Christmas markets	3 nights	Nov- Dec 2015	£349pp
Vienna Christmas markets	3 nights	Nov- Dec 2015	£389pp

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Scopes

SATURDAY 12-FRIDAY 18 SEPTEMBER

Your week ahead with **David Wells**

You & Improved



JESSICA WRIGHT
turns 30 on
14 September

IF IT'S YOUR BIRTHDAY THIS WEEK...

You're settling old gripes, arguments and confusions. Anywhere you feel things have gone on long enough is a good starting point. You're creating something amazing so assume a glass half-full attitude as luck's on your side all the way through until your birthday next year. Your family life settles into a new routine – perhaps a house move is on the horizon?

VIRGO 23 Aug-22 Sep

As the partial solar eclipse sits in your sign, do you want to start afresh? Take care, as you'll be held to any promises made. Go for something you can persevere with – even in tricky times.

Call for more on Mercury's reversal.
UK: 0905 8171566* IRL: 1560 787906*

SAGITTARIUS 23 Nov-21 Dec

Saturn enters your sign causing you to rethink things. From your look to where you live, who you love and what you eat, you're going to have to justify everything to yourself.

A work shake-up looms. Call me.
UK: 0905 8171569* IRL: 1560 787909*

PISCES 20 Feb-20 Mar

The new Moon isn't something to be toyed with. It's there for you to decide if a plaything could be more than that. Serious or move along? Get you, goddess of the night!

Work and love are hectic – call me.
0905 8171572* IRL: 1560 787912*

GEMINI 22 May-20 Jun

Your ruler Mercury is about to go into reverse and it's affecting your chances in love, slowing things down. Some may say that's a good thing, helping you make a choice at last.

Saturn influences love. Call me.
UK: 0905 8171563* IRL: 1560 787903*

LIBRA 23 Sep-22 Oct

If the train slows down when you know it should be speeding up, it's a sign that delays are on the way. It may be literal or it could be something you thought was on track for a fast resolution.

Interruptions appear, Libra. Call me.
UK: 0905 8171567* IRL: 1560 787907*

CAPRICORN 22 Dec-20 Jan

The mantle of guru is upon you. Others may seek your wisdom – but don't worry, you won't have to sit alone on a mountain. They'll at least buy you lunch or maybe even increase your pay.

Call me for more on career delays.
UK: 0905 8171570* IRL: 1560 787910*

ARIES 21 Mar-20 Apr

Major events at work could bring more to do. Is that what you're looking for? What you really seek is quality not quantity – more involvement and less donkey work. Speak up!

Saturn brings travel – call for more.
UK: 0905 8171561* IRL: 1560 787901*

CANCER 21 Jun-22 Jul

You're not in the mood for snippy comments and even though you're a little tetchy, going into full-on rant mode may not be the answer. Solutions could be closer than you think.

Call for more on balance in all things.
UK: 0905 8171564* IRL: 1560 787904*

SCORPIO 23 Oct-22 Nov

So what if someone disagrees with you? Not everyone will be on your side. It's good to have a coping mechanism. Do they have a point? Will it make things better? No. Done.

Call me for more on self-confidence.
UK: 0905 8171568* IRL: 1560 787908*

AQUARIUS 21 Jan-19 Feb

The lusty duo of Venus and Mars still wander through your love sky. But Mercury's about to put the brakes on and give you the chance to breathe a little lighter. Rush in at your peril.

Call for more on enigmatic sorts.
UK: 0905 8171571* IRL: 1560 787911*

TAURUS 21 Apr-21 May

An issue with a housemate is done but it seems some are determined to keep the drama going. Not you – you're over it and ready for fun. Encourage bygones to be bygones.

Call for more on work frustrations.
UK: 0905 8171562* IRL: 1560 787902*

LEO 23 Jul-22 Aug

Those from overseas or who work in education could be high on your list of people you want to get to know – but why? That's between you and Mr or Miss well-travelled-and-attractive!

Call me about money confusion.
UK: 0905 8171565* IRL: 1560 787905*

*Calls cost 80p per minute (ROI €1.28) plus your telephone company's network access charge and last approx 4 mins. Users must be over 18. Weekly lines updated on Saturdays. For entertainment purposes only. SP/IP: Spoke (UK: 0333 202 3390/ROI: 01437 8815)

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The **Fix**

What'll get
your pulse
racing
this week

TV

Made in BRITAIN

This Is England '90

Channel 4, 9pm, 13 September

Shane Meadows' highly acclaimed drama is back – and this time it's set during the summer of 1990. Shaun (Thomas Turgoose) and friends Kelly, Trev and Gadget are all finding their way through life and going to raves, while Combo's released from prison for killing Mick. This is likely to be the last *This Is England*, so expect it to be as shocking, heart-rending and incredible as ever.

'OK, where's
the rave?'

'A barbecue? In
England? Are
you mad?'

WE LOVE THE 90S

This Is England '90 has got us all nostalgic for the shows we were glued to back then



ROUND THE TWIST

This off-the-wall children's fantasy TV show about an Aussie family who lived in a lighthouse had a seriously iconic theme tune. YouTube it now!

CLARISSA EXPLAINS IT ALL

Before she was in *Sabrina The Teenage Witch*, Melissa Joan Hart played sassy teen Clarissa – with the best wardrobe ever.



NOEL'S HOUSE PARTY

Don't tell us that you didn't love Mr Blobby when you were a kid. It was just the rules.

NEIGHBOURS

Sure, it's still going, but we're talking the era when Susan and Karl Kennedy ruled the soap and Billy Kennedy was our No1 crush.



A quickie with...

LEONA LEWIS

We chat to singer Leona, 30
Hi, Leona! Where've you been?

It's funny because I feel like I haven't been away. I've been here recording and then I did my film, so I haven't had a break yet.

Tell us about your new album.

I've put a lot of emotion into it. I wrote some of it when I was down and going through all sorts, but lots of it's uplifting too.

I think it's an empowering record.

What's your favourite track?

I love Thank You because it's about my parents. And there's

Another Love Song, which is the only track directly about love.

What do you think of the new series of The X Factor?

I'll always watch if I can. It's a strong panel. But it depends if they can give the feedback the artists deserve. When I was on, the judges were really involved with what I did and hands-on.

Would you ever want to be a talent show judge?

I've been approached and it's a matter of timing, but I'd be open to it. I'd just need to know

I'm making a difference to a contestant's life.



Leona's album *I Am* is out on 11 September

FILM *Two* FOR THE PRICE OF ONE

Legend

At cinemas 9 September

Two Tom Hardys? What more could we ask! The gorgeous man plays East End gangsters the Kray twins (yes, both of 'em) in this epic film about how they became two of the most notorious criminals in history.



TURN FOR MORE ➡

THE HOT SPOT

What makes us sizzle or leaves us cold

SO NOW



TV

Tanya Bardsley from The Real Housewives of Cheshire
ITVBe, 10pm Mondays
It's back for a second series and we're *obsessed* with Tanya and her scathing putdowns.



TV

The Millionaire Matchmaker
ITVBe, 7pm, daily
We can't get enough of this OTT US dating show in which millionaires are paired with gold-digging women.



TV

Boy band horror
This is real. Backstreet Boys and *NSync are

making a zombie horror film with the team behind Sharknado. And yes, Nick Carter's *definitely* in it.



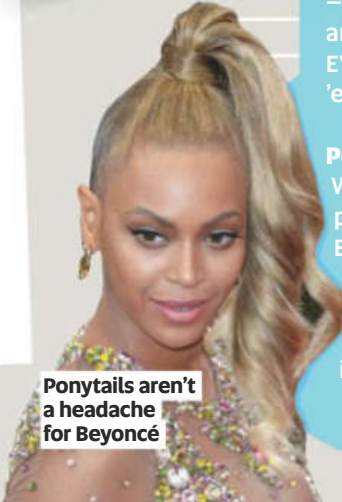
Lay Down Your Weapons, Rita!

Rita Ora's boobs

She's already wowing us on The X Factor judging panel – but is it just us or are her bazongas EVERYWHERE? Put 'em away, Reet!

Ponytail woes

We want a high pony. All day long. But they give us a migraine by, like, 11am. How do you bear it, celebs?



Ponytails aren't a headache for Beyoncé

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Chilling IN

Richard Hammond's Jungle Quest

Sky1, 9pm, 16 September

Richard always dreamt of being a wildlife photographer – but a little thing called Top Gear got in the way.

Now that's all done and dusted he's chasing his dream on TV, deep in the Brazilian rainforest. And it's very touching, too.

TV

Fast & Furious 7

On DVD 7 September

Paul Walker's final film before his tragic death sees the F&F gang back together again. There are car chases, of course.

Lots and lots of car chases.

DVD



TV

An Inspector Calls

BBC1, 8.30pm, 13 September

David Thewlis stars in a new version of this classic detective mystery. In 1912, after a young woman commits suicide, a police inspector interrogates the wealthy family she used to work for and starts to uncover the truth.

The King Who Invented Ballet

BBC4, 8pm, 13 September

This documentary takes a look at French King Louis XIV, whose passion for ballet brought about an evolution in the dance and ensured it was passed down through generations. We're booking lessons now.

TV



Chilling OUT



Maze Runner: The Scorch Trials

At cinemas 10 September

Kaya Scodelario plays Teresa in this dystopian tale, the second of a trilogy. The Gladers have escaped the Maze, but new challenges await on the open road.

FILM

Irrational Man

At cinemas 11 September

Woody Allen's latest movie, starring Emma Stone and Joaquin Phoenix, tells the story of a tormented philosophy professor who needs to find the will to live again. Typical Woody then...

FILM



The Visit

At cinemas 11 September

This creepy movie will make you never want to leave your house again. A single mum finds life starts to get very spooky after she sends her kids to see their grandma.

FILM

Chvrches on tour

Nationwide,

16-27 November

(chvrch.es/shows)

We're big fans of this Scottish electronica band, especially songs like Get Away and Leave A Trace. Catch them on tour if you can.



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The Sun

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Daily Mail

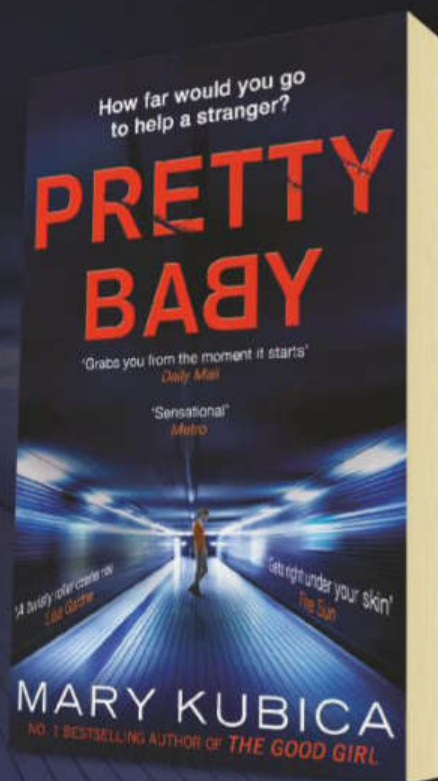


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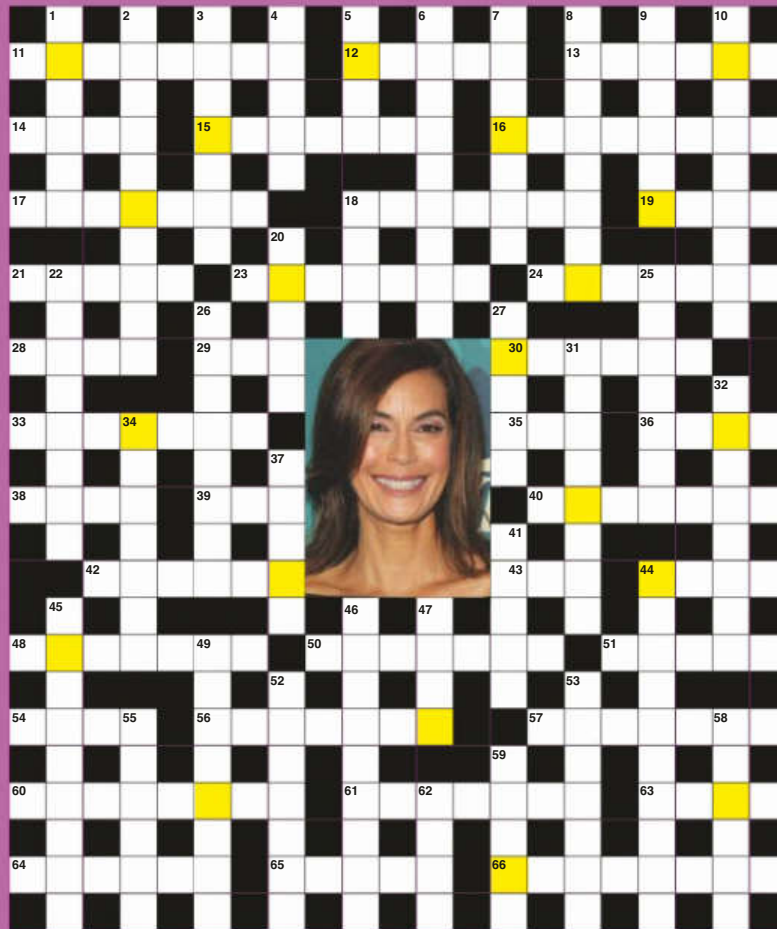
Fill in the answers in the grid below and the letters in the yellow squares will spell out the answer to this bonus question: what does Desperate Housewives star Teri Hatcher collect?

ACROSS

- 11 Make an educated guess (8)
- 12 Legal defence of being elsewhere (5)
- 13 Breathe out (6)
- 14 Movie (4)
- 15 Schoolmaster or schoolmistress (7)
- 16 Star-shaped written character (8)
- 17 Paint using a template (7)
- 18 Helping of food (7)
- 19 Noblewoman (4)
- 21 Combat (5)
- 23 Scotsman's pouch worn with a kilt (7)
- 24 Under (7)
- 28 Plant stalk (4)
- 29 Pastry dish (3)
- 30 Mass of fine dry particles (6)
- 33 Spotted big cat (7)
- 35 Metal barrel (3)
- 36 Zone (4)
- 38 Pottery oven (4)
- 39 Tell an untruth (3)
- 40 Three-pronged spear (7)
- 42 Zodiac bull (6)
- 43 Metal can (3)
- 44 Gigantic (4)
- 48 King Arthur's castle (7)
- 50 Ran off (7)
- 51 Organised games (5)
- 54 Restaurant cook (4)
- 56 Set aside for a specific purpose (7)
- 57 Strengthen (7)
- 60 Sudden rush of a herd of animals (8)
- 61 Pain-killing tablet (7)
- 63 Gain by merit (4)
- 64 Classical dance (6)
- 65 Wear down slowly (5)
- 66 Small fishes, often packed together (8)

DOWN

- 1 Lend a hand (6)



- 2 City with the second largest population in the UK (10)
- 3 Naval rank (7)
- 4 America's Lone Star State (5)
- 5 Pulped potato (4)
- 6 Keeper of books for public use (9)
- 7 Chemical substance essential to health (7)
- 8 Time spent in prison (8)
- 9 Divided up (6)
- 10 School-friend (9)

- 18 Public gardens (4)
- 20 Rate of movement (5)
- 22 Fearlessly adventurous, daring (8)
- 25 Precious green stone (7)
- 26 Hand-held firework (8)
- 27 One of the radiating bars of a wheel (5)
- 31 Making a bet (8)
- 32 Someone aged between 12 and 20 (8)
- 34 Shrove Tuesday dish (7)
- 37 Waterfowl (5)
- 41 Precipitous (5)

- 44 Scientific supposition or theory (10)
- 45 New York island borough (9)
- 46 Moving staircase (9)
- 47 Financial institution (4)
- 49 Dish made from eggs (8)
- 52 Commanded (7)
- 53 Nation (7)
- 55 Set of relatives (6)
- 58 Agriculturist (6)
- 59 Artist's paint dabber (5)
- 62 Large jetty (4)

ANSWERS

ACROSS 11 Estimate 12 Allib 13 Exhale 14 Film 15 Teacher 16 Asterisk 17 Stencil 18 Portion 19 Dame 21 Fight 23 Sporan 24 Beneath 28 Stern 29 Pie 30 Powder 33 Leopard 35 Keg 36 Area 38 Kiln 39 Lie 40 Trident 42 Taurus 43 Tilt 44 Huge 48 Camelot 50 Escaped 51 Sport 54 Chef 56 Earnmark 57 Fortify 60 Stampede 61 Aspin 64 Ballet 65 Erode 66 Sardines
DOWN 1 Assist 2 Birmingham 3 Captain 4 Texas 5 Mash 6 Librarian 7 Vitamin 8 Sentence 9 Shared 10 Classmate 18 Park 20 Speed 22 Interpid 25 Emerald 26 Sparkler 27 Spoke 31 Wagging 32 Teenager 34 Pancake 37 Geese 41 Sheep 44 Hydropneustics 45 Manhattan 46 Escalator 47 Bank 49 Omelette 52 Ordered 53 Country 55 Family 58 Farmer 59 Brush 62 Pier
BONUS ANSWER: Salt and pepper shakers

Photo: PA

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NOW



Whatever happened to....?

Jacqueline Pirie



Emmerdale's Luke McAllister (Noah Huntley) took Tina Dingle for a mad drive that ended in his death in 1995



In 2001 she married Simon Chadwick after a whirlwind romance



Her Corrie love affair with Mike Baldwin (Johnny Briggs) bagged her a Soap Award

The Emmerdale star?

Yes, that's right! Scottish actress Jacqueline, now 39, played Tina Dingle, the youngest child of Zak and Nellie Dingle. She did a two-year stint on the soap and left on Christmas Eve in 1996.

Wasn't she in Coronation Street too?

Yes! In 1998, Jacqueline made her Corrie debut as scheming factory machinist Linda Sykes. Although she was only there for two years, her controversial character certainly made an impression and she bagged Best Storyline at The British Soap Awards in 2001.

What did she do next?

Jacqueline left Corrie in September 2001 after she got pregnant – and reportedly turned down a record-breaking £250,000 two-year contract to return, refusing to film an exit scene and vowing never to work in front of the cameras again. 'I was overworked. It was 14-hour days, six days a week. On my day off I was learning my lines for next week,' she said. She also refused a £100,000 magazine deal for the first exclusive pics with her son.

What about her personal life?

In 2000, Jacqueline met fireman Simon Chadwick at a nightclub – and just three months later the pair tied the knot in a secret ceremony at Cameron House Hotel on the banks of Loch Lomond, with two complete strangers as witnesses. Recalling the moment she first met Simon, Jacqueline said: 'I thought: "Oh my God, he's lovely." I asked his name but he didn't answer and ran away really fast! I called out

for him to leave his number at the desk. From there I found him, stalked him and interviewed him. We were married three months later.' She gave birth to their son Jamie, now 13, in 2001. Jacqueline also has an 18-year-old daughter Alexandra from a previous relationship with convicted criminal Christopher Stone.

So she didn't ever go back to TV?

No. After a trip to Canada's west coast in 2008, she and her family upped sticks and moved out there. 'We were escaping such busy, crazy lives in the spotlight. We were craving quiet,' she says. 'You can't be an actor on Coronation Street and be a normal person. You're not treated the same way. Your kids aren't treated the same way.'

What does she do now?

Jacqueline's opened a chain of 17 performing arts academies across the UK and runs a drama workshop in the coastal village of Campbell River in British Columbia, where she still lives.

If you want to hear about or have seen a once-famous celeb – or you *are* a once-famous celeb! – get in touch at **nowmagletters@timeinc.com**

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